

**ST. CHARLES YOUTH COMMISSION**  
**Monday, February 3, 2014 – 6:00 p.m.**  
**St. Charles Police Department Conference Room**  
**211 N. Riverside Avenue**

Minutes have been sent to the following:

N. McFarland – Youth Commissioner *	L. Dandre, STC EHS
S. Anderson – Youth Commissioner	P. Jensen, Haines M.S.
J. Diorio – Youth Commissioner	D. Schlomann, Superintendent CUSD 303
C. Hime – Youth Commissioner	S. Morrill, Wredling M.S.
K. Kauke – Youth Commissioner	P. Yensen, United Way
D. Kelly – Youth Commissioner*	J. Otepka, TriCity
S. Schwerdtfeger – Youth Commissioner*	G. Swanson, STC Township
M. Tilton – Youth Commissioner	C. Kyle, STC EHS
M. Weick – Youth Commissioner*	C. Blake, TriCity*
J. Wong – Youth Commissioner*	J. Baird, CUSD 303
B. Tynan, STC PD*	S. Morrill, Thompson M.S.
S. Huffman, Interim Chief of Police	E. Baxter, STC Library
R. Rogina, Mayor	D. Beasley, STC Underground
STC Alderman	D. Procaccio, STC Underground
M. Karson, STC EHS	S. Muenz, STC Underground*
M. Koenen, City Administrator	

\*Attended meeting.

- I. Meeting called to order @ 6:07 p.m.
- II. **Secretary Report** – Daniel Kelly
  - A. Approval of the Minutes from January 13, 2014 meeting. Motion to approve carried. For future minutes, liaison reports will include the following terminology change when a representative is not present: “absent” instead of “none.”
- III. **Treasurer’s Report** – Cliff Hime
  - A. No report – absent.
- IV. **Correspondence** – None as of January 29, 2014.
- V. **Presentations** – None as of January 29, 2014.
- VI. **Liaison Reports**
  - A. **D303** – Absent
  - B. **Park District** – Steve Munez
    - i. January update on STC Underground, report attached.

**C. Police Department – Bill Tynan**

- i. January Juvenile Arrest listing, report attached;
- ii. Juvenile calls for service has risen slightly in the last year;
- iii. New Citizen's Police Academy begins March 18, 2014.

**D. Library Programs – Marianne Weick**

- i. Update on current programs;
- ii. Latest newsletters, attached;
- iii. Academic programs, ongoing.

**E. Tri-City Family Services – Colleen Blake**

- i. Latest fliers for prevention programs, attached;
- ii. Laura Poss, Clinical Director, Contact – attached.

VII. **Old Business** – None as of January 29, 2014.

VIII. **New Business** –

A. Funding Requests:

- i. St. Charles North High School Post-prom; request for \$2,000, attached. Request tabled due to lack of quorum.
- ii. St. Charles Public Library; request for t-shirt money. Request tabled due to lack of quorum.

IX. **Announcements** – None as of January 29, 2014.

X. **Adjournment**

- A. Motion to adjourn at 6:39 p.m. carried.

*The next Youth Commission meeting will be Monday, March 3, 2014 at 6:00 p.m. at the St. Charles Police Department Conference Room located at 211 N. Riverside Avenue.*

Respectfully submitted,  
Daniel Kelly, Youth Commissioner

# STC Underground 2014

Ind. vs. Check Ins	January	February	March	April	May	June	July	August	September	October	November	December
2013	71/340	75/259	77/426	101/487	103/466	90/415	78/439	97/486	116/421	118/450	106/464	94/337
2012	111/481	99/452	103/569	98/480	119/558	121/569	102/520	105/523	106/451	120/496	104/534	97/414
2011	110/474	91/315	112/573	114/570	99/549	114/529	125/579	118/543	124/519	128/565	122/519	103/555
2010	89/460	104/454	117/616	127/549	102/534	115/577	112/571	116/544	103/474	97/498	92/474	98/499
2009	92/426	80/431	88/428	99/517	82/477	96/522	86/585	77/603	86/509	91/521	82/423	82/346
2008	105/402	93/397	112/531	122/473	100/471	112/540	86/577	115/667	100/637	106/608	106/469	70/366
2007	145/688	88/429	124/641	126/563	117/621	121/460	85/462	90/550	128/503	142/552	98/400	63/285
2006	83/351	109/481	99/400	106/378	83/373	99/312	60/216	61/151	95/321	106/458	109/416	149/448
2005	116/379	147/410	146/482	101/387	159/720	173/637	145/647	188/714	162/623	139/441	146/495	87/336

## Hourly Visits

1:00 p.m.	16
2:00 p.m.	19
3:00 p.m.	80
4:00 p.m.	76
5:00 p.m.	89
6:00 p.m.	99
7:00 p.m.	51
8:00 p.m.	3
9:00 p.m.	0
<b>Total</b>	<b>433</b>

Male vs. Female  
 Member # 248/499  
 747

STCU Operational Days	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024	2025
Average Teens Per Day	22	20	22	21	23	21	21	23	20	23	20	23	21
<b>Total</b>	<b>19,68182</b>	<b>0</b>	<b>19</b>										

## History (# of visits)

2013 Total	306/4990
2011 Total	275/6,290
2010 Total	275/6,290
2009 Total	256/6,250
2008 Total	257/5,788
2007 Total	346/6,122
2006 Total	585/6,154
2005 Total	4,305
2004 Total	6,271
2003 Total	5,259
2003 Total	5,504

### SC Juvenile Arrest listing

Statute Code	Description	Arrest Date And Time	subject ID Number	Arrestee Address City	Arrestee Jacket Type
9-40-010	THEFT: Retail	01/30/2014 16:23:00		BARTLETT	Juvenile Jacket
			2/3/2014 5:31:51 PM		

## Traveling - Teen Style



### Packing a Suitcase: Bring the Basics

What's the trick to packing an efficient suitcase? A little planning, is all. Make a quick list of everyday items to bring that you use, such as **toiletries** (toothbrush/paste, shampoo, hairbrush/styling products, deodorant, favorite lotion). One helpful trick is to think through a full day's routine at home: What do you normally use but may not give much thought to?

Remembering **medications** (both prescription and over-the-counter) are essential.

**Wrinkle-free clothing** like a favorite sweatshirt is easy and great to travel in (layers are nice too, when coping with fluctuating temperatures).

Don't forget to bring a "better" outfit, too, in case you go out to dinner, church services, or just want to clean up nicely for a family get-together.

**Jammies, undergarments and socks/shoes**, seem obvious but are truly missed if they get left behind. What about **personal possessions** that make you feel at home anywhere, like a favorite pillow or stuffed animal? Comfort has no age limit.

### Other stuff to consider:

**Weather-related pieces:** Coat and gloves OR swimsuit and sunscreen?

**Snacks, gum, water**

**Personal IDs (drivers license, insurance card).** Are you lucky enough to need your **passport**?

**Money**

**Laptop or tablet**

**Sunglasses**

**Gifts**

**Homework**

**Calendar**  
(electronic or daily planner)

**A great book!**  
(Need suggestions? Contact the Library!)



**Pack Even Lighter:  
Download Ebooks,  
E-audiobooks, Movies and  
TV Shows from the Library**

Still too many things on your packing list? Save space by taking advantage of SCLPL's digital collection!

Download the free apps, then choose from the latest ebooks and e-audiobooks, even music and movies onto your favorite device. We offer several options for our Library cardholders:



**eMedia Library/Overdrive**

- ★ Check out up to five titles at once (and reserve up to five at the same time, too)
- ★ Ebooks AND e-audio-books checkout for 7, 14 or 21 days (your choice)
- ★ View on an eReader, smartphone, tablet or computer
- ★ Kindle-friendly!
- ★ Includes bestsellers, fiction and nonfiction for all ages
- ★ Books are returned automatically – NO fines!
- ★ NEW! Checkouts can be renewed if no one is waiting



**3M Cloud Library**

- ❖ Books check out for 21 days
- ❖ Easy-to-use 3M Cloud Library app for tablets
- ❖ Use the 3M Cloud Library PC Software to transfer eBooks to your Nook Simple Touch or Kobo
- ❖ Not compatible with Kindles, *except* the Kindle Fire
- ❖ Automatically syncs to all your devices that have the 3M Cloud Library app



**What's All the Hoopla?**

It's for Hoopla!—a digital lending service that allows you to download or stream popular DVD movies and television shows right to your mobile device. Up to 10 movies or TV episodes per month! Titles are FREE; always available with your Library card.

- ◆ Download the Hoopla Digital app
- ◆ Checkout period is three days
- ◆ Items disappear from your device on the due date (no fines, ever!)
- ◆ Check **Hoopla FAQs** for compatible devices
- ◆ Streaming on your computer requires the browser plug-in **Widevine**



**Freegal Music Downloads**

St. Charles Library cardholders may download and keep up to five DRM-free songs per week.

[www.stcharleslibrary.org](http://www.stcharleslibrary.org)

## Are We There Yet?

**How to be a Good Houseguest**

**Never Come Empty-Handed**—*A thoughtful gift doesn't need to be expensive, just imaginative*

**Be Independent**—*Entertaining guests is fun but a little breather provides rejuvenation for everybody*

**Be Considerate**—*Politeness counts, even at family gatherings!*

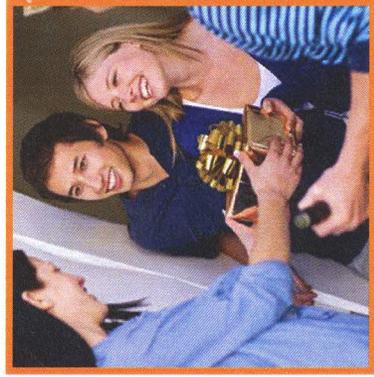
**Socialize**—*Put down that electronic device and join in the conversation*

**Read the Cues**—*Always take the lead from the hostess when it comes to details*

**Pitch In**—*Find small ways to be useful: Set the table or fill water glasses; help with cleanup*

**Show Gratitude**—*Saying "Thank You" via a short, handwritten note speaks volumes*

*Adapted from: How to be a good houseguest*



## Want to Earn Some Bonus Points? Brush Up on Your Manners!

**Emily Post's The Good Manners for Kids** by Peggy Post & Cindy Post Senning (J395.122 POS) has great advice for everything from writing a thoughtful thank-you note sure to impress Grandma to online etiquette, stepfamily situations and more. *Don't be swayed by the title: Teen issues are well-represented in this book.*

## Ewww...

### Tips for Staying Healthy While Traveling

It's always important to take care of your health, but there are extra thoughts to keep in mind when you're away from home. Whether you're taking a quick trip with your family or studying abroad for several months, it's easier to get sick when you're in a new place because your body hasn't had a chance to adjust to the food, water, and air in a new environment. Traveling can bring you in contact with things that your body isn't used to. The stress and excitement of travel can make you more likely to get sick. If you follow a few simple tips, you're more likely to stay healthy throughout your trip — and your trip will definitely be more enjoyable. The good news is that as a teen, your immune system is as strong as an adult's, but lack of sleep and a poor diet can make it easier for you to become ill. Interested in learning more? Check out **Kids Health from Nemours** online @ [http://kidshealth.org/teen/safety/safebasics/travel\\_tips.html](http://kidshealth.org/teen/safety/safebasics/travel_tips.html)



## Putting the "Fun" in Dysfunctional:

Looking for something a little unconventional to read while visiting the family this winter? Consider:

### Where'd You Go, Bernadette: a Novel

by Maria Semple ■ FIC SEMPLE

"When her notorious, hilarious, volatile, talented, troubled, and agoraphobic mother goes missing, teenage Bee begins a trip that takes her to the ends of the earth to find her. Though much of the story is told through documents emails, letters, and magazine articles, precocious Bee is terrifically entertaining as our narrator."



**Around the World:  
Nonfiction Featuring Amazing  
Travel Experiences**

Leave the Lipstick, Take the Iguana: Funny Travel Stories and Strange Packing Tips  
Marcy Gordon ■ 910 LEA

Long Way Down: An Epic Journey by Motorcycle from Scotland to South Africa  
Ewan McGregor ■ 910.41 MCG

**Free Spirit: Growing Up on the Road and Off the Grid**  
Joshua Safran ■ 306.874 SAF

You Want to Go Where? How to Get Someone to Pay for the Trip of Your Dreams  
Jeff Blumenfeld ■ 910.4 BLU

Hidden Cities: Travels to the Secret Corners of the World's Great Metropolises: A Memoir of Urban Exploration  
Moses Gates ■ 910.91732 GAT

**18 in America: A Young Golfer's Epic Journey to Find the Essence of the Game**  
Dylan Dethier ■ 796.352 DET

Lunatic Express: Discovering the World-- Via its Most Dangerous Buses, Boats, Trains, and Planes  
Carl Hoffman ■ 910.4 HOF

Amazing Places Cost Nothing: The New Golden Age of Authentic Travel  
Herbert J. M. Ypma ■ 910.4 YPM

**I'll Ask You Three Times, Are You OK?: Tales of Driving and Being Driven**  
Naomi Shihab Nye ■ YA 814.54 NYE

Naked in Dangerous Places: The Chronicles of a Hungry, Scared, Lost, Homesick, but Otherwise Perfectly Happy Traveler  
Cash Peters ■ 910.4 PET

A Family in Paris: Stories of Food, Life and Adventure  
Jane Paech ■ 944.361 PAE

**Walking Home: A Poet's Journey**  
Simon Armitage ■ 821.914 ARM



**Bored Already? Fun and (Typically) Free Winter Activities to Fill the Void**

*Have a snowball fight!*  
*Build a snowperson or snow fort*  
*Wrap your hands around a warm mug of tea or hot cocoa*  
*Karaoke, anyone?*  
*Visit the local library!*  
*Curl up with a good book*  
*Take a walk*  
*Decorate a gingerbread house*  
*Make snow angels*  
*Light a fire in the fireplace and roast marshmallows*  
*Watch a favorite movie with popcorn*  
*Have a pajama party*

*View city lights and night skies. Have access to telescope? Even better!*

*Watch a local hockey game*

*Cut out paper snowflakes*

*Try an outdoor sport that's new to you: sledding, ice skating, snowboarding, snowshoeing*

*Cooking or baking=terrific smells and eats (think chili, cinnamon rolls, loaded nachos)*

*Get in some family game time. Play board or card games, ping-pong or jigsaw puzzles, or hit the Wii*  
*Window shopping (remember to leave your wallet at home)*

*Volunteer at a homeless shelter*

*Throw a Super Bowl Party*

Adapted from: <http://www.realsimple.com/work-life/entertainment/winter-activities-0010000088755/>



# Discover Your Library

## St. Charles Public Library News and Event Guide

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### CHANGES ARE COMING!

Watch for information about the new project to refurbish the Library, the launch of our new catalog and redesigned website.

## Library Director, Diana Brown, Retires

After 39 years of dedicated service, Library Director Diana Brown will retire at the end of the year.

The Library was quite different in 1974 when Diana Brown was hired as an Adult Services Librarian. There were 32 staff members serving a population of 15,500; they answered almost 6,500 questions; and 148,715 items were checked out by the community. Today, after 35 years of Brown's directorship, 125 staff members serve a population of 55,092, over 150,000 questions are answered annually, and 1,586,578 items, including digital downloads, are being checked out.



So much has been achieved under Brown since her appointment as Director in 1978. Shortly after becoming director, Brown and the Library Board were successful in changing the taxing status from a township to a district library. The Friends of St. Charles Public Library were re-established to support special programs and purchase equipment that were beyond the Library's regular budget. Her concern about unserved areas of the community led Brown to advocate for the annexation of portions of C.U.S.D. 303.

The Library entered the computer age in 1982 with the purchase of an Apple II Plus for the business manager. By 1984, the Library was using a computerized cataloging system. The digital era had begun. As the collection grew and services expanded, Brown and the Library Board worked together with staff to formulate space needs, select an architect, conduct a referendum campaign and to obtain a \$250,000 state grant to add a 35,000-square-foot addition. The referendum was passed in 1986, and construction was completed in 1988, with the Library building expanded to three times its original size. Remodeling of the original 1908 Carnegie Building and the 1964 addition was completed the following year.

In 1992, Brown worked with neighboring libraries to create LINC, the Library Integrated Network Consortium, which allowed the libraries to share resources through a joint catalog system.

The St. Charles Library Foundation was established in 1994 under Brown. Her guidance has been most beneficial to the Foundation in the selection of the first project, the construction of the Helen Gale Story Room in Youth Services, and through subsequent projects that benefited the Library including the Carnegie Community Room, the Technology Center, ASK ME Desk and landscaping of the new parking lot. For these projects the Foundation donated over \$200,000 and \$188,000 was awarded in state grants.

*Continued from page 1*

In response to community surveys, Brown initiated improvements to better serve and to reach more of our patrons. A program van was purchased to serve our senior communities and to be more visible at local events; the ThT (Twenties & Thirties) program series was established to serve that age group; a Spanish-language collection was introduced for our growing Hispanic community; and two parking expansions were completed.

Under Brown's leadership, excellence has been a priority resulting in the Library being consistently ranked in the top 1% of American Libraries by Hennen's American Public Library Ratings (HAPLR) index since 1999. National recognition continues with the Library receiving a three star rating as one of America's Star Libraries in the Library Journal Index of Public Library Service.

Long active in the community, Brown has been a member of St. Charles Arts Council board, Literacy Volunteers Fox Valley board, President of the Noon Kiwanis, Chair of the Public Art Committee, Sculpture in the Park Committee, the Intergovernmental Committee, as well as many library-based organizations. As president of the Library Administrators Conference of Northern Illinois, she secured funding to create the organization's first website.

Diana Brown's legacy is a nationally-recognized library that is dedicated to service excellence and positioned well for the digital age. We look forward to the challenges to come, but will miss the quiet presence of Diana. We thank Diana for 39 years of dedicated service, and we will strive to continue the tradition of excellence she has established.

## From the Director...

This issue of DISCOVER is special to me, as it is the last one in my tenure as Library Director. On the surface, today's library is vastly different from our library in 1978. But even with all the changes in technology that have occurred, the role of the public library within its community has remained constant. The library is a community gathering place that provides affordable and personal access to information, reading, and cultural resources for everyone in the community. And librarians continue to serve as personal guides to individuals in their lifelong learning journeys.

In hiring Pam Leffler as our new Director effective January 1, 2014, I believe the Library Board has chosen someone who has the vision and enthusiasm to address the many issues, challenges and opportunities that all public libraries, including St. Charles, now face. Our Library has an outstanding Board of Trustees and staff. I know they will work with Pam to provide quality library service to our community. I welcome Pam to the Library and wish her the very best in her new position.

Serving as Director has been a privilege and a joy. I would like to thank our community for its support, and the Library Board and staff for their commitment to excellent library service and for our personal friendships.

*Diana Brown, Director*

## Footnotes

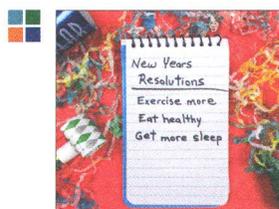
### Let's Download Something Good!

If you are getting an eReader or new tablet computer, we'd love to show you all the cool (and free!) content the Library offers for your new device. Depending on what shiny new thing you own, you may be able to read books, download magazines, movies, audio-books, and music. We also have a mobile app that will let you easily use our catalog when on the go, download content, and even check out materials using your smartphone.



Not sure how to get started? Just visit Adult or Youth Services, and bring your new device. Drop in anytime, but remember to bring your passwords (like your Amazon account or Apple ID, etc.) and to charge the batteries.

We're here to help you download your first book, movie, or song. Help is available all the hours the Library is open; just drop in. But if afternoons or early evenings fit your schedule, we'll have the most staff available to assist you. Let's download something good!



### Achieve Your New Year's Resolutions

One of the most popular New Year's Resolutions is to lose weight and get in shape. Take a look at the Health and Wellness Resource Center on our website for sample workout plans and a

variety of information on health-related topics.

If your resolution involves money, we have a wealth of online resources to help you succeed. To spend your money wisely, look at product reviews in Consumer Reports and service provider reviews in Chicago Consumers' CHECKBOOK. Investor looking for advice? Try Value Line, Morningstar, and Standard & Poor's. Get ahead at work (and earn more money) with LearningExpress and Universal Class which offer training programs that teach you the skills you need to succeed.

Finally, if something more fun is on your list of resolutions, Hobbies & Crafts database will get you started with basic instruction and project ideas to keep you busy all year long. And learning a new language has also never been easier or more fun than with Mango Languages and LiveMocha.

All of these are available to you from the comfort of your home by visiting the Library's website. Just click on "Reference & Research" and then "Online Research" to see the variety of databases we have to offer.

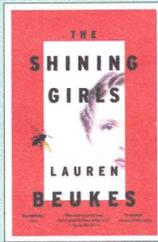
### Partner with the Library This Summer

Our "Paws to Read" summer reading program is a library-wide event that encourages reading as a lifelong habit. This program for infants through senior citizens, has about 2,500 participants annually. From May 28–August 6, 2014, rewards from local businesses will be offered to keep readers engaged. Is your business interested in becoming a partner? Please contact A. Denise Farrugia by February 14 at 630-584-0076 ext. 236 or [adfarrugia@stcharleslibrary.org](mailto:adfarrugia@stcharleslibrary.org) for details.



## What the Staff Is Reading

**The Shining Girls** by Lauren Beukes ■ FIC BEUKES  
 “This dark new novel reminds me of Gillian Flynn, but with the addition of rich historical detail and time travel. Creepy and suspenseful, its beautiful prose won’t distract you from the fascination and dread that you will feel being taken into the mind of a serial killer.”

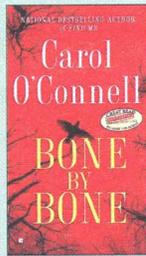


**David and Bathsheba** by Roberta Kells Dorr  
 ■ FIC DORR

Told from Bathsheba’s perspective, “this is a quick read that brings some interesting context to people from the Bible.”

**The Best of All Possible Worlds** by Karen Lord ■ FIC LORD  
 This is an engaging story of supremely-intelligent members of an alien race dealing with “assimilation” issues after their home world is destroyed and a small group find themselves resettled on a new planet. Although it has a Science Fiction label, it is filled with romance and humor.

**Bone by Bone** by Carol O’Connell ■ FIC O’CONNELL  
 Two teen brothers go into the woods of Northern California, but only one returns. Twenty years later the survivor, a former Army investigator, has returned to find that human bones are being left on his father’s porch, one at a time. Are they from his missing brother? “I particularly liked the variety of odd and memorable characters.” A standalone novel of twisty suspense, this is also good as an e-audiobook.



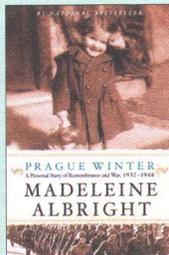
**You Are Not So Smart: Why You Have Too Many Friends on Facebook, Why Your Memory Is Mostly Fiction, and 46 Other Ways You’re Deluding Yourself**  
 and

**You Are Now Less Dumb: How to Conquer Mob Mentality, How to Buy Happiness, and All the Other Ways to Outsmart Yourself**  
 both by David McRaney ■ 153.42 MCR and 153.43 MCR

“These are the last two books I read that I couldn’t put down.” The author breaks down cognitive mistakes that all people make dozens of times daily without realizing it. Although styled like pop psychology books, these are accurate and informative without being too scientific and dry.

**Prague Winter: A Personal Story of Remembrance and War, 1937-1948** by Madeleine Albright  
 ■ 943.712033 ALB

The story of Albright’s family (Albright’s father was a diplomat and served in the Czech government in exile) and the story of Prague during WWII. Albright did not know of her Jewish ancestry until fairly recently and she reflects on that discovery and on what happened to her relatives. “You will learn a lot about WWII in Europe,” in this fascinating memoir.



**Let’s Explore Diabetes with Owls** by David Sedaris  
 ■ AUDIOBOOK 818.54 SED

“It’s David Sedaris—wry, dry and oh my! The book is good but the listen is better.” Sedaris’s latest essay collection possesses all of the wit, charm, and poignancy his readers have come to expect.

## St. Charles Writers Group

Saturdays ■ 9:15 a.m. ■ C=Carnegie Room H=Huntley Room

Moderator Richard Holinger leads the group that is designed for both novice and experienced writers 18 and over. Questions? Contact Denise Blaszyński at 630-584-0076, ext. 240. **DROP IN**

January 11 ■ H ■ What is literary fiction?

January 25 ■ C ■ Exploring experimental fiction techniques

February 8 ■ C ■ A review of copy editing basics

February 22 ■ C ■ Approaches to critiquing fiction and nonfiction

March 8 ■ H ■ Approaches to critiquing formal and free verse poetry

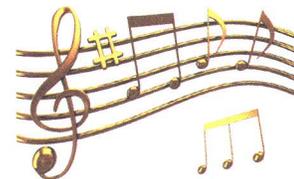
March 22 ■ H ■ Creating the right mood through setting

April 12 ■ C ■ Finding the right market for your poetry and prose

April 19 ■ H ■ Who needs writing contests?

May 10 ■ H ■ An overview of major genres in poetry and prose

May 24 ■ H ■ Creating a writer’s platform from scratch



## Sunday Afternoon Concerts

Sundays ■ 2:00 p.m. ■ Carnegie Community Room

January 12 ■ Irish singer and songwriter **Gavin Coyle** presents pop and folk and traditional music from his native land.

\* January 26 ■ **Carlyn Lloyd and Jon Warfel** perform classical flute and piano repertoire, and a tribute to Mozart.

February 9 ■ Violinist **Sara Vettraino** and guitarist **Bob Becker** perform familiar favorites from popular movies.

\* February 23 ■ **Solange Sior**, the Fox Valley’s own award-winning soprano, will perform excerpts by Claude Debussy, Wolfgang Amadeus Mozart, Richard Strauss and Giuseppe Verdi.

March 9 ■ Talented jazz musician **Michael Bazan** will perform “Take Five...Jazz, Swing and the Saxophone,” with accompanist Don Stille.

\* March 23 ■ Violinist **Ashley Fitzwater**, concertmaster of the Illinois Valley Symphony Orchestra, will perform classical favorites.

\* Designates a classical concert funded through donations to the St. Charles Public Library Foundation. **DROP IN**

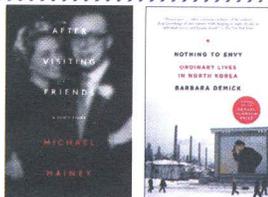
# EVENTS FOR ADULTS

## 2<sup>nd</sup> Tuesday Book Discussions

The Library offers two book discussion groups:  
**Mornings** at 10:00 a.m. and **Evenings** at 7:00 p.m.  
 Bisbee Conference Room **DROP IN**

January 14

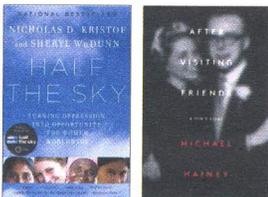
**Morning** – After Visiting Friends:  
 A Son's Story  
 by Michael Hainey ■ 070 HAI



**Evening** – Nothing to Envy: Ordinary  
 Lives in North Korea  
 by Barbara Demick ■ 951.9305 DEM

February 11

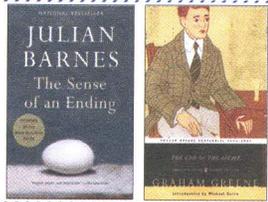
**Morning** – Half the Sky: Turning  
 Oppression Into Opportunity for  
 Women Worldwide  
 by Nicholas D. Kristof ■ 305.42 KRI



**Evening** – After Visiting Friends:  
 A Son's Story  
 by Michael Hainey ■ 070 HAI

March 11

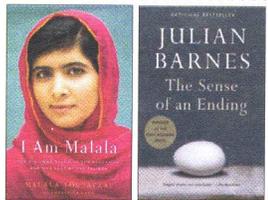
**Morning** – The Sense of an Ending  
 by Julian Barnes ■ FIC BARNES



**Evening** – The End of the Affair  
 by Graham Greene ■ FIC GREENE

April 8

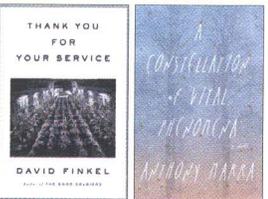
**Morning** – I am Malala: The Girl Who  
 Stood Up for Education and Was  
 Shot by the Taliban  
 by Malala Yousafza ■ 371.822 YOU



**Evening** – The Sense of an Ending  
 by Julian Barnes ■ FIC BARNES

May 13

**Morning** – Thank You for Your Service  
 by David Finkel ■ 362.86 FIN



**Evening** – A Constellation of Vital  
 Phenomena  
 by Anthony Marra ■ FIC MARRA

## Lyric Opera Lecture

Tuesday, January 21 ■ 7:00 p.m. ■ Carnegie Community Room

The Barber Seville by Gioachino Rossini

A member of the Lyric Opera Lecture Corps will present a lecture that will enhance your opera experience with composer information, story insights, history, and musical highlights. **DROP IN**

## Great Decisions

Thursdays ■ 7:00 p.m.

Great Decisions is America's largest discussion program on world affairs and foreign policy issues. Briefing books will be available for purchase at the Reference Desk and also to check out. Participants should be ready to discuss the article prior to the discussion. **DROP IN**

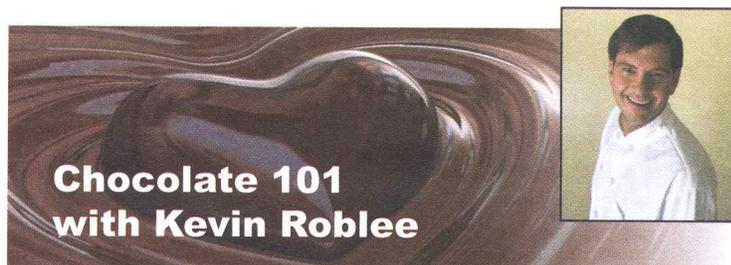
January 23 ■ China in Africa ■ Bisbee Conference Room  
 (2013 Great Decisions booklet)

February 27 ■ Defense Technology ■ Bisbee Conference Room  
 (2014 Great Decisions booklet)

March 27 ■ Israel and the U.S. ■ Carnegie Community Room

April 24 ■ Turkey's Challenges ■ Huntley Meeting Room

May 22 ■ Islamic Awakening ■ Huntley Meeting Room



## Chocolate 101 with Kevin Roblee

Thursday, February 6 ■ Noon ■ Carnegie Community Room

Just in time for Valentine's Day! Chocolatier Kevin Roblee will be on hand to talk about the flavors and nuances of chocolate from around the world and explain the finer attributes of chocolate enjoyment. Tastings included! **REGISTER.** Sign up in person at the Reference Desk or by calling 630-584-0076, ext. 1 or at [stcharlesil.org/calendar/library](http://stcharlesil.org/calendar/library).

Follow us on Facebook at [www.facebook.com/stcharleslibrary](http://www.facebook.com/stcharleslibrary). Lots of interesting topical posts, book recommendations, program information, contests and more. Always something new!

The Library offers its main lobby display case without charge to non-profit organizations and community members who wish to share a collection, broaden interest in or highlight a special program. For more information please contact Denise Blaszyński at 630-584-0076, ext. 240.



## Friends of St. Charles Public Library

The Friends are committed to raising funds to support Library services, programs, facilities, staff and the community it serves. If you have a love of books and a desire to help support your Library, you are just who the Friends are looking for! More information is available at [www.friendsostcharleslibrary.com](http://www.friendsostcharleslibrary.com) or by contacting Judi Asselborn at 630-584-0076 ext. 242.

### Potluck Supper

Monday, February 10 ■ 6:00 p.m. ■ Carnegie Community Room

Come and enjoy supper and learn more about the group. **DROP IN**

### Used Book Sale

Friday, April 11 ■ 2:30–7:30 p.m.

Saturday, April 12 ■ 9:00 a.m.–2:00 p.m.

Sunday, April 13 ■ Noon–3:00 p.m.

Huntley Meeting Room

## Movie Series

Wednesday, February 26 ■ 7:00 p.m.

Carnegie Community Room

### The Envelope, Please! The Academy Awards

Daily Herald film critic Dann Gire, president of the Chicago Film Critics Association, will discuss what makes an Oscar-winning contender, and preview the 86<sup>th</sup> annual Academy Awards with clips from potential winners such as “12 Years a Slave,” “Gravity,” “Captain Phillips” and “Blue is the Warmest Color.” Refreshments will be served. This program is sponsored by the St. Charles Public Library Foundation. **DROP IN**



## Fascinating Women of History: Amelia Earhart

Thursday, May 29 ■ Noon ■ Huntley Meeting Room

### Never Lost: Amelia Earhart Before the Legend

Historian Leslie Goddard introduces you to the first woman to fly solo across the Atlantic, Amelia Earhart. Goddard reviews her upbringing, the records she broke, and her tireless work to promote opportunities for women before her mysterious disappearance in 1937. This program is cosponsored by the Library and the St. Charles Heritage Center. Bring your lunch; we'll supply the tea and coffee. **REGISTER.** Sign up at the Reference Desk, by calling 630-584-0076, ext. 1 or at [stcharlesil.org/calendar/library](http://stcharlesil.org/calendar/library).



## Cooking with Chef Dave

Wednesday, March 5 ■ 6:30 p.m. ■ Huntley Meeting Room

Award-winning chef, TV and radio personality Dave Esau will share his passion for cooking with a fun and inspiring class on savory, comfort food from the Italian countryside. Samples will include: soft polenta layered with spinach and shredded pork, orechiette with mascarpone and chopped spinach, and pine nut caramel cake. Recipes will be available. **REGISTER.** Sign up in person at the Reference Desk or by calling 630-584-0076, ext. 1 or at [stcharlesil.org/calendar/library](http://stcharlesil.org/calendar/library).

## AARP Smart Driver Course – New Course!

Tuesday & Thursday, April 15 & 17 ■ 9:30 a.m.–1:30 p.m.  
Huntley Meeting Room

AARP Smart Driver is the nation's first and largest driver safety course designed especially for drivers age 50 and above. The course covers defensive driving techniques and provides tips for adjusting to the normal changes in vision, hearing, and reaction time associated with aging. Participants will learn about current rules of the road and how to operate their vehicles more safely in today's increasingly-challenging driving environment.

A participation fee of \$15.00 for AARP members and \$20.00 for non-members includes a guidebook. Attendees pay the instructor directly. Maximum of 35 per class. **REGISTER.** Sign up in person at the Reference Desk or by calling 630-584-0076, ext. 1 or at [stcharlesil.org/calendar/library](http://stcharlesil.org/calendar/library).

## Lee Murdock in Concert

Sunday, April 27 ■ 2:00 p.m. ■ Carnegie Community Room

### Songs of the Great Lakes Region

Songs of the Great Lakes Region brings history to life in the stories, song, and pioneering spirit of the people who settled the Great Lakes and Midwest. Some songs are over 100 years old, but Murdock's fresh new arrangements reach across the years to provide a living link with the heritage of the Inland Seas. Sponsored by the St. Charles Public Library Foundation. **DROP IN**

# EVENTS FOR ADULTS

## Get Growing at the Library



### Invite Nature to Your Yard with Conservation@Home

Wednesday, April 16 ■ 7:00 p.m.  
Huntley Meeting Room

This Conservation@Home program is all about creating more eco-friendly yards. The program will cover a variety of techniques for transforming your yard, including the use of rain barrels, rain gardens, and the selection and use of native plants to solve yard problems. Participants will receive a butterfly attraction and identification pamphlet, and a native plant guide.

**DROP IN**

### Planning and Planting a Vegetable Garden

Wednesday, April 23 ■ 7:00 p.m.  
Carnegie Community Room

Feed your entire family the fruits and vegetables they enjoy from your own garden. From site preparation (size, location and soil) through harvest, a University of Illinois Master Gardener will share tips and tricks for successful vegetable gardening. **DROP IN**

### Herbs for the Garden and Kitchen

Thursday, May 22 ■ 7:00 p.m.  
Carnegie Community Room

Herbs are a healthy way to introduce new flavors into your diet, new fragrances into your home and add texture to your garden. A University of Illinois Master Gardener will discuss growing, collecting and preserving techniques for all kinds of herbs and offer suggestions for using herbs in cooking.

**DROP IN**

## Books and Brunch Fundraiser

Saturday, April 26 ■ 11:00 a.m.-2:00 p.m.  
Dunham Woods Riding Club  
33W333, Army Trail Rd, Wayne

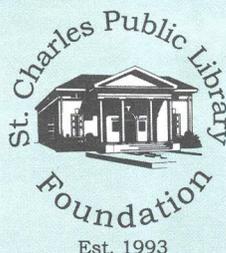
Tickets: \$40 per person



Here's your opportunity to enjoy a delicious brunch at the historic Dunham Woods Riding Club, as well as meet and mingle with fellow book lovers and local authors. Authors include D.C. Brod, Doug Cumming, Richard Holinger, Fran Manos, Bruce Steinberg and more. Books will be available for purchase. Also, be sure to take your chance to win one of our exciting gift baskets. This is a great way to support the Library Foundation.

Space is limited. Reserve your tickets now by calling Ginni Tsipas at 630-584-0076, ext. 230, or by seeing Ginni in person at the Library Business Office.

This special fundraising event is sponsored by the St. Charles Public Library Foundation.

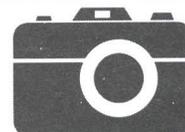


Check out these other Foundation sponsored events:

- An Evening with Author Sara Paretsky  
Thursday, January 23 at 7:00 p.m.
- Movie Series: The Envelope Please!  
Wednesday, February 26 at 7:00 p.m.
- Lee Murdock in Concert  
Sunday, April 27 at 2:00 p.m.

### Smile!

Attendance at programs and events sponsored by the St. Charles Public Library may be recorded through photographs or video. These images may be used for Library promotional purposes or posted on the Library's website. Please notify a Library staff member if you or your family members do not want to be photographed.



### Special Accommodations

Requests for special accommodations must be made 48 hours in advance of a Library event. If assistance is needed in using the Library, please inform a Library assistant at the Circulation Desk.

### Fees

Fees are charged in the case of materials, services, or facilities provided for primary or exclusive use by individual patrons and for which patron-specific costs are incurred by the Library. When the Library incurs such fees and the individual subsequently fails to use the service without prior notification, the individual will be charged for the expense.

## Introductory Computer Classes

### Notes:

- ▶ Classes are open to St. Charles Public Library cardholders only.
- ▶ A \$10 refundable cash deposit is required at the time of registration.
- ▶ REGISTER at the Adult Reference Desk.
- ▶ **Class size is limited to 10 people.**
- ▶ Class cancellations will be posted in the Library and on our website.

Registration begins at NOON on the following dates for each month's classes:

January:	Sunday, December 15
February:	Sunday, January 19
March:	Sunday, February 16
April:	Sunday, March 16
May:	Sunday, April 13
June:	Sunday, May 18

For complete class descriptions, please visit the Reference Desk or our website:  
[www.stcharleslibrary.org/tech/classes.htm](http://www.stcharleslibrary.org/tech/classes.htm)

Successful completion of Computer Basics is a prerequisite for all other computer classes offered.

### Computer Basics

Monday, January 6; Tuesday, January 7;  
Thursday, January 9  
11:00 a.m.–12:30 p.m.

Monday, February 24; Tuesday,  
February 25; Thursday, February 27  
5:30–7:00 p.m.

Saturdays, March 1, 8 & 15  
11:00 a.m.–12:30 p.m.

Monday, April 7; Tuesday, April 8;  
Thursday, April 10  
5:30–7:00 p.m.

Monday, May 5; Tuesday, May 6;  
Thursday, May 8  
5:30–7:00 p.m.

### Introduction to MS PowerPoint 2010

Tuesdays, January 7 & 14  
5:30–7:30 p.m.

### Introduction to MS Excel 2010, Level 1

Wednesdays, January 8 & 15  
5:30–7:30 p.m.

Wednesdays, April 9 & 16  
5:30–7:30 p.m.

### Introduction to MS Excel 2010, Level 2

Wednesdays, January 22 & 29  
5:30–7:30 p.m.

Wednesdays, April 23 & 30  
5:30–7:30 p.m.

### Introduction to Google Docs

Tuesdays, February 4 & 11  
5:30–7:30 p.m.

### Digital Camera Basics

Wednesdays, February 5 & 12  
5:30–7:30 p.m.

### Overview of Windows 8\*

\*Carnegie Community Room  
Wednesday, February 19;  
Friday, February 21  
5:30–7:30 p.m.

Wednesdays, March 19 & 26  
5:30–7:30 p.m.

Wednesdays, May 21 & 28  
5:30–7:30 p.m.

### Digital Camera Photo Editing

Wednesday, February 26  
5:30–7:30 p.m.

### Introduction to MS Word 2010

Tuesdays, March 4 & 11  
5:30–7:30 p.m.

### Digital Music Downloads 101

Wednesday, March 5  
5:30–7:30 p.m.

### MS Word 2010 2: Beyond the Basics

Monday & Tuesday, April 14 & 15  
5:30–7:30 p.m.

### eBay Buying & Selling

Wednesdays, May 7 & 14  
5:30–7:30 p.m.

### Introduction to Facebook

Monday & Tuesday, May 12 & 13  
5:30–7:30 p.m.



# YOUNG ADULT EVENTS

Register in person or call 630-584-0076 ext.1. No Library card required.

## Teen Volunteers

High school volunteers work throughout the Library on a variety of projects. You develop new skills and gain practical experience in the workplace. Interested? Applications for the January 27 through May 2 session are being taken now and are due by Friday, January 10, 2014. Already a volunteer? An application is needed for every session as hours are subject to change. Applications are available online and at the Circulation Desk. For more information, contact Marianne Weick at 630-584-0076, ext. 223 or via email at [mweick@stcharleslibrary.org](mailto:mweick@stcharleslibrary.org)

## Exam Cram 2014

Monday, Tuesday, Wednesday  
January 13, 14, 15 ■ 5:00–10:00 p.m.

Open late for high school students. Stop by, study, bring a friend or two. Pizza at 7:00 p.m. Snacks and drinks all night, thanks to the Library Friends. Quiet study in the Carnegie Business Room. Reference help and WiFi for your laptop always available. Watch for the next FINALS Cram in late May/early June. **DROP IN**

## ACT Practice Tests

Saturday, February 15 ■ Carnegie Room  
OR Saturday, March 15 ■ Huntley Room  
OR Saturday, May 17 ■ Huntley Room  
9:15 a.m.–1:00 p.m.

Conquer those pre-test jitters early and improve your scores by taking a practice exam. Kaplan instructors will contact students individually with personalized results. College is right around the corner! **REGISTER** for only one session. Registration begins January 6 for all tests.

## Perfecting Your ACT Writing Assessment

Wednesday, March 19 ■ 6:30–8:00 p.m.  
Huntley Meeting Room

Learn easy ways to immediately transform your scores on the ACT Writing portion! Professional writer and ACT writing specialist Jordan Catapano will teach specific writing techniques so you will be able to compose an articulate, sophisticated essay in 30 minutes. **REGISTER**



– March 9–15, 2014 –

### Hackathon–Website Remix

Wednesday, March 12 ■ 4:00-6:00 p.m.  
Carnegie Community Room

You or you and your team have one hour to recreate a website in the most outlandish way possible. **No coding experience required.** We'll show how to use X-Ray Goggles, a browser extension that lets you change the text and images on most websites. After a short walkthrough, your challenge is to get creative and remix a site.



We'll share them online (so make sure it's something mom can see). The winner will receive a Makedo kit; runners-up will receive high fives! If you want a little

practice, visit [hackasaurus.org](http://hackasaurus.org) to download X-Ray Goggles. **DROP IN or REGISTER** a team.

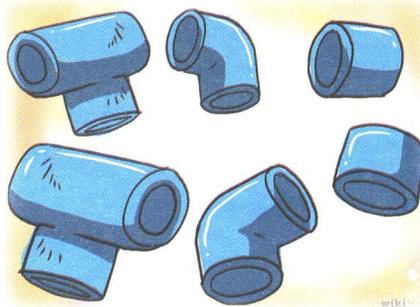


### π Day

Friday, March 14 ■  
4:00-5:00 p.m.  
Carnegie Community Room

Come celebrate everyone's favorite irrational number! Eat some free pie and test out a Raspberry Pi—the coolest portable, programmable minicomputer. The Pi is a great start to programming and can do cool things like run Minecraft or function as a media center. We're also raffling off one Raspberry Pi Starter Kit! Did we mention FREE PIE! Free pie.

**DROP IN or REGISTER**



## Marshmallow Shooters

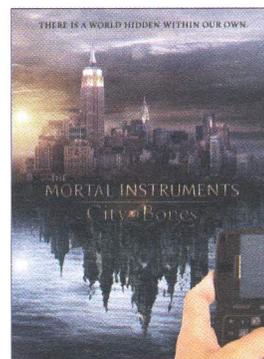
Tuesday, April 1 ■ 4:00-6:00 p.m.  
Huntley Meeting Room

We've got PVC pipe and marshmallows. You connect the pipes to form the wackiest, marshmallow flingingest creation your imagination will allow! Test out your creation on some targets or build your own. **DROP IN or REGISTER**

## Txt&View

Tuesday, April 22 ■ 4:00-6:30 p.m.  
Huntley Meeting Room

We're watching *The Mortal Instruments: City of Bones* but with a twist. Whatever you text pops up on the screen. Bring your phones or iPads and get ready to express your love or hate. Any phone that can send texts will work. **DROP IN or REGISTER**



## Free Comic Book Day

Saturday, May 3  
9:00 a.m.–5:00 p.m.

Can the Library contain this superhero extravaganza!? The fun begins when we open. All day long we're giving away free comics courtesy of Graham Crackers Comics, St. Charles. Teens and adults can stop by the Reader Services Desk. (Limit 1 per person while supplies last.)



## Papercraft



9:00 a.m.–Noon ■ Huntley Meeting Room

**DROP IN** to create foldable figures and paper works of art of your favorite comic book characters.

## Cosplay

All day ■ Reader Services Desk

Break out your costumes because we're also giving away small prizes to everyone dressed up. We'll put your pics up on our Facebook page, so dress to impress.

## Movie

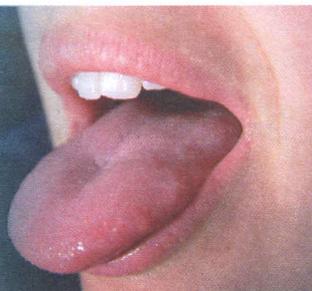
1:00–3:30 p.m. ■ Huntley Meeting Room  
**X-Men: First Class (132 min., PG-13).**

The new X-Men movie *X-Men: Days of Future Past* hits theaters May 23. So we're gearing up by watching *X-Men: First Class* about the origin of Professor X's mutant team. Everyone welcome.

**DROP IN or REGISTER**



## Extreme Food Tasting



Tuesday, May 20 ■ 4:00–5:00 p.m. ■ Huntley Meeting Room

Join us for the ultimate extreme food taste test. Get ready to chow down lemons and limes, and sip some vinegar. But don't worry, *Miracle Berries* turn sour foods sweet! But what happens to sweet food? Challenge your taste buds and vote on your favorites. Not recommended to people with food allergies. **DROP IN or REGISTER**

## Not Just Capes:

### Teen Graphic Novel Book Discussion

Thursdays ■ 4:00–5:15 p.m. ■ Check date for location

Come talk comics! There's a lot more than capes and tights. We're kicking off a graphic novel discussion that focuses on non-superhero graphic novels. Pick up a copy of each month's selection at the Reference Desk and bring yourself to the discussion for some talking and snacking. **High school students only.** Check out our Goodreads site [www.goodreads.com/group/show/117591-not-just-capes](http://www.goodreads.com/group/show/117591-not-just-capes) for more info. **DROP IN**

January 23 ■ Bisbee Conference Room

**Sweet Tooth, Vol. 1: Out of the Deep Woods**  
by Jeff Lemire ■ 741.5 LEM

Gus a new breed of human/animal hybrid sets out on a post-apocalyptic journey in the devastated American landscape to find "The Preserve," a refuge for hybrids.



February 27 ■ Bisbee Conference Room

**The Umbrella Academy**

by Gerard Way ■ 741.5 WAY

Artist: Gabriel Ba

The Academy: a group of super powered children assembled by Sir Reginald Hargreeves was supposed to save the world. Instead, their dysfunctional upbringing drove them apart. When Hargreeves dies, the Academy reassembles. But is it too late? This oddball adventure jumps back and forth in time and from slapstick to serious. Bonus fact: it was written by *My Chemical Romance* frontman Gerard Way.

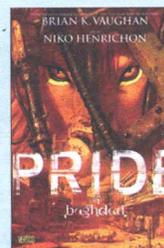
March 27 ■ Carnegie Community Room

**Pride of Baghdad**

by Brian K. Vaughan ■ 741.5 VAU

Artist: Niko Henrichon

The bombs fell on Baghdad, and the pride was freed. Cast into a new and chaotic world, a pride of lions struggle to stay together and stay alive in war-torn Iraq. Based on an actual event following the bombing of the Baghdad zoo.



April 24 ■ Carnegie Community Room

**Friends with Boys**

by Faith Erin Hicks ■ YA 741.5 HIC

Life stinks for Maggie. Her mom took off. Her brothers are busy living life. High school is starting and years of home schooling hasn't exactly been good for making friends. To make matters worse, all her life a ghost has been haunting her.

May 22 ■ Carnegie Community Room

**Attack on Titan**

by Hajime Isayama ■ YA 741.5 ISA

This month we take on manga. When the Titans attacked, the humans retreated behind the giant walls Maria, Rose, and Sina. There they've lived protected for 100 years until a giant titan breaks through the first wall. Now humanity's fight for survival is back on! Get ready for giant, creepy humanoids, steampunk-style Vertical Maneuvering Gear, tons of yelling, and, of course, swords!



# YOUTH SERVICES EVENTS

**G** Grandparents — look for this symbol for events for you and your grandchildren to attend!

## Museum Adventure Pass

Use the Smartest Card—your Library Card—to receive free admission or a special discount at unique Chicago area cultural destinations. Passes are available on a first-come basis each week. Learn about each of the destinations at [www.museumadventure.org](http://www.museumadventure.org). Then come to the ASK ME Desk with your library card and driver's license during the week you wish to visit. Passes are issued to adults for their immediate family.



## MARK YOUR CALENDARS for 2014 Registration Dates

[www.stcharleslibrary.org/evanced/lib/eventcalendar.asp](http://www.stcharleslibrary.org/evanced/lib/eventcalendar.asp)

In-person and online event registration begins

Winter – Saturday, January 4

Spring – Saturday, March 22

Summer – Saturday, May 17

Telephone registration begins

Winter – Tuesday, January 7

Spring – Tuesday, March 25

Summer – Tuesday, June 17



## EVENTS FOR YOUNG CHILDREN INFANT – AGE 5

## Multi-Age Story Time

**G**

Infant – Age 5 with Parent/Caregiver

Tuesdays, 9:30–10:00 a.m. OR 10:30–11:00 a.m.

Winter: January 7–March 25 (No stories on March 18)

Spring: April 15–May 13

Wednesdays, 9:30–10:00 a.m. OR 10:30–11:00 a.m.

Winter: January 8–March 26 (No stories on March 12)

Spring: April 16–May 14

Open attendance, just show your St. Charles Public Library card.

Storytellers will present stories and songs that will tickle, delight and amuse. Children and adults attend together. To ensure an enjoyable story experience for everyone attending, each session will have a capacity of 40 children and adults. Please arrive early as we will begin to distribute tickets 10 minutes before the story time. Door opens five minutes before the event. Children who are registered for an age-specific Story Time also may attend Multi-Age each week. **DROP IN**

**NEW!** Families living outside the Library District may attend for \$2 per person on a space available basis.

## Age-Specific Story Times

**G**

The following early childhood events encourage the adult to participate with the child by serving as a role model, leading the child's hands through a fingerplay or showing him/her how to bend and stretch.

Each child and adult must be registered. Participation is limited to registered children and parent/caregiver. Siblings may attend, but an adult may bring no more than two children. Ask about accommodations for twins or triplets. **REGISTER**

Everyone needs stories.  
Register for either Winter Session A or B;  
the programs are the same.

## Infant with Parent/Caregiver

**G**

Mondays, 9:30–10:00 a.m.

Winter Session A: January 13 – February 10

Winter Session B: February 24 – March 24

Spring Session: April 7 – May 5

## One Year Old with Parent/Caregiver

**G**

Mondays, 10:30–11:00 a.m.

Winter Session A: January 13 – February 10

Winter Session B: February 24 – March 24

Spring Session: April 7 – May 5

Thursdays, 9:30–10:00 a.m.

Winter Session A: January 16 – February 13

Winter Session B: February 27 – March 27

Spring Session: April 10 – May 8

## Two Year Old with Parent/Caregiver

**G**

Tuesdays, 9:30–10:00 a.m.

Winter Session A: January 14 – February 11

Winter Session B: February 25 – March 25

Spring Session: April 8 – May 6

Wednesdays, 10:30–11:00 a.m.

Winter Session A: January 15 – February 12

Winter Session B: February 26 – March 26

Spring Session: April 9 – May 7

## Three & Four Year Olds

**G**

Tuesdays, 10:30–11:00 a.m.

Winter Session A: January 14 – February 11

Winter Session B: February 25 – March 25

Spring Session: April 8 – May 6

Wednesdays, 9:30–10:00 a.m.

Winter Session A: January 15 – February 12

Winter Session B: February 26 – March 26

Spring Session: April 9 – May 7

This story time fosters a love of books and reading and develops good listening skills. To encourage the child's self-reliance, we ask that the child be comfortable attending the program alone.

## ■ Four & Five Year Olds & Half-Day Kindergarten Students G

Tuesdays, 1:30-2:10 p.m.

Winter Session A: January 14 – February 11

Winter Session B: February 25 – March 25

Spring Session: April 8 – May 6

Thursdays, 10:30–11:10 a.m.

Winter Session A: January 16 – February 13

Winter Session B: February 27 – March 27

Spring Session: April 10 – May 8

This story time will inform, delight and stimulate on a higher level the listening and motor skills of a more mature pre-K child, as well as engage and enrich students in half-day Kindergarten. This group meets for 40 minutes.



### ■ Family G

Saturdays ■ 10:30–11:00 a.m. OR 11:30 a.m.–Noon

#### Winter

February 8 ■ *Three Billy Goats Gruff*

March 15 ■ *Caps for Sale*

#### Spring

April 26 ■ *Tortoise & the Hare*

Your favorite stories will come alive as the storyteller tells and then explores with you the various ways to share the story again through puppetry, fingerplay, songs and more. These early literacy story experiences are offered throughout the year. We encourage you to attend each multiple times over the years, as children will experience a story differently at each age/stage of development. **REGISTER**

## ■ Stories at the Nature Center G

Infant–5 years with Parent/Caregiver

Fridays, 10:30–11:00 a.m.

Winter: January 31 OR February 7 OR March 14

Spring: April 11 OR May 9

We invite you to hear stories at Creek Bend Nature Center at LeRoy Oakes Forest Preserve, located at 37W700 Dean Street. After the program, explore the Nature Center, walk the trails and enjoy nature at its best. Cosponsored with the Forest Preserve District of Kane County. To accommodate as many families as possible, a family may register for one date in winter and one date in spring. **REGISTER**

Families living outside the Library District: Register with the Forest Preserve by e-mail at [programs@kaneforest.com](mailto:programs@kaneforest.com).

## ■ Bilingual Spanish Story Time G

Infant–age 5 with Parent/Caregiver

Winter: Saturdays, January 18, February 22, March 8  
10:30–11:00 a.m.

Spring: Tuesday, April 22

7:00–7:30 p.m.

Saturday, May 10

10:30–11:00 a.m.

Bilingual Spanish Story Time is a sharing of books, fingerplays, activities and songs in both Spanish and English. We encourage the adult to participate with the child by serving as a role model, leading the child or showing him/her how to participate. Siblings may attend. Register each child, student and adult that will be attending for one or for all. **REGISTER**

## ■ Cuentos en Español e Inglés G

Para los niños infantiles hasta los 5 años de edad acompañados de sus padres o cuidadores.

Invierno: Los Sabados, 18 de Enero, 22 de Febrero y  
08 de Marzo

10:30–11:00 a.m.

Primavera: El Martes, 22 de Abril

7:00–7:30 p.m.

El Sabado, 10 de Mayo

10:30–11:00 a.m.

Durante los Cuentos en Español e Inglés compartiremos historias, juego de los dedos, actividades y canciones. Nosotros incentivamos la participación del adulto con su niño, sirviendo de modelo a seguir, guiando a su niño/niña como participar. Los hermanos pueden asistir. Regístre cada niño/niña, estudiante y adulto que atenderá para cada programa ó para todos. **REGISTRESE**

## ■ Sensory-Friendly Story Times G

Child/Student with Parent/Caregiver

1:30–2:00 p.m.

Winter: Saturday, March 22

Spring: Saturday, May 17

These story times are especially for children with autism, sensory processing or other developmental needs. The stories and activities will include sensory elements of repetitious language, music and movement to engage the child through age seven. We encourage the adult to participate with the child by serving as a role model, leading the child or showing him/her how to participate. Siblings may attend. Register each child and adult that will be attending for one or for all. **REGISTER**

# YOUTH SERVICES EVENTS

## ■ Book Character Visit G

Family

**Winter:** Friday, February 7 ■ 4:00 p.m.

■ *Cookie Mouse*

**Spring:** Friday, May 9 ■ 4:00 p.m.

■ *Spot*

Come for a story and a visit with your favorite costumed book character. Bring your camera. Presented in partnership with Barnes & Noble of Geneva.

**REGISTER or DROP IN**

*Families living outside the Library District may attend on a space available basis.*



## Traveling Tales

## ■ January–May G

Discover your Library out and about at St. Charles businesses that partner with the Library. Stories will be shared, services highlighted and you may register for a Library card. Already have a St. Charles Library card? Show it to receive a special gift. There will be plenty of surprises.

**REGISTER or DROP-IN**

■ **Chili's** 3795 East Main Street  
630-584-8013

**Winter:** Thursday, January 30 at 1:00 p.m.

**Spring:** Friday, April 4 at 1:00 p.m.

■ **Heinz Brothers Greenhouse Garden Center** 2010 East Main Street  
630-377-6288

**Winter:** Tuesday, March 25 at 1:00 p.m.

**Spring:** Thursday, May 1 at 1:00 p.m.

■ **Gino's East** 1590 East Main Street  
630-513-1311

**Winter:** Wednesday, February 26 at 11:00 a.m.

**Spring:** Monday, May 12 at 11:00 a.m.

■ **Norris Recreation Center** 1050 Dunham Road  
630-377-1405

**Winter:** Monday, January 20 at 10:00 a.m.

**Spring:** Tuesday, April 8 at 10:00 a.m.

■ **Culver's** 4068 East Main Street  
630-444-1700

**Winter:** Friday, February 14 at 11:00 a.m.

**Spring:** Wednesday, April 16 at 11:00 a.m.

## ■ For Boy Scouts & Girl Scouts

Grades K–8

4:00–5:00 p.m.

Attention all Scout Leaders—bring your Scouts to the Library. Check your calendars and think Library as you plan your activities for the year. Scout Services are outlined on the Youth Services pages at [www.stcharleslibrary.org](http://www.stcharleslibrary.org). **Registration ends two days before scheduled workshop date.** Leader registers group. **REGISTER**

### ■ Library Tour & Hunt

Tuesday, January 28

Thursday, February 27

A hands-on workshop that introduces all Youth Services has to offer. Scouts become familiar with where resources and collections are located, as well as how the Library is organized, gain quick tips on how to locate resources and learn about the various services available. Customized Library hunts have Scouts using clues to seek out locations and answers in the Department. **Registration closes two days before the workshop.** **REGISTER**

### ■ Especially for Boy Scouts:

**Bear** *Tall Tales*  
Tuesday, February 4

**Webelo** *Citizenship Communicator*  
Thursday, January 30  
Tuesday, February 11

These workshops are designed to meet several of the requirements of the Scout achievement or badge. Most workshops will be offered again during September–November. **REGISTER**

### ■ Especially for Girl Scout Leaders:

Wednesday, January 29 ■ 7:00–8:00 p.m.

Let us guide you to the resources you need to share with your Girl Scouts for their “Journeys” and “Skill Builder” badges and how to customize them for your troop. Learn quick tips and shortcuts to locating Library resources, online and in print, that will provide background information related to the “Girl Scout Legacy” and “Skill Builder” badges. **REGISTER**



## ■ Storyacting G

A Russell Series Event

Grades K–5

Saturday, February 22 ■ 2:00–3:30 p.m.

Storyteller Paddy Lynn will lead the way as students are introduced to and participate in storyacting—the combination of storytelling and acting. Students will be engaged in the stories as actors and/or in the audience providing sound effects, chants and more. Colorful costumes, props and set pieces will enhance the experience. Middle school students and adults also may attend.

This series was established by the William Russell family in memory of Karen G. Russell and continues with a grant from the Illinois State Library. Each February and July, Chicago area experts, artists, authors and others introduce students to their art, craft or profession by providing an interactive experience. **REGISTER**

## ■ You Design with LEGO®

Grades 3–8

Thursday, March 13 ■ *House floor plan*

Wednesday, April 16 ■ *Book character*

Wednesday, May 14 ■ *Car*

4:00–5:00 p.m.

Use your imagination in designing and building a LEGO® creation in the designated theme. Creations that meet the criteria will be judged and awards presented for 1<sup>st</sup> and 2<sup>nd</sup> place. Work as an individual or as a member of a team. Evaluation criteria: creative interpretation of theme; complexity; thought process behind the design; and completion within designated time (45 minutes). We have all you will need to create with LEGO® bricks. Think ahead and come with your plans. All creations will be displayed in Youth Services until the next event and also posted on the Kids Facebook page. **REGISTER**

## Movie Night

Grades 4–8

Winter: March 14

Spring: April 25 & May 16

Fridays ▪ 4:30–7:00 p.m.

Watch a recent release on the big screen. Titles will be posted on the Library website and at the ASK ME Desk. Pizza provided by Gino's East; popcorn and lemonade will be served. **Registration closes on Thursday at noon the day before the movie. REGISTER**

## Book Buddies – Summer 2014

Grades 5–8

Application Required

Book Buddies is a great way to have fun with books. Young readers who have completed 1st and 2nd grade are paired with middle school students to read aloud to each other, play literacy-focused games and talk about books. This program provides literacy enrichment and promotes reading as fun and entertaining.

We are seeking middle school students interested in volunteering who can commit two hours a week for six weeks during the summer. Applications will be available April 1. **Application deadline is May 7.** More details available on the Library website. **REGISTER**

### EVENTS FOR THE FAMILY

## Family Read-Aloud Book Club



### Enroll at the ASK ME Desk NOW through February 15

The 21<sup>st</sup> Read-Aloud Book Club encourages lifelong literacy and motivates families to share reading aloud as a daily tradition. Record time spent as a family reading aloud and receive rewards. Every family may qualify for books dedicated to the family, gift certificates, autographed children's books and canvas book bags. Receive your family book log and details when you enroll. **REGISTER**

This year's Family Read-Aloud Book Club partners are: Breadsmith, Burger King, Chili's, Colonial Café & Ice Cream, Heinz Brothers Greenhouse Garden Center, Norris Recreation Center, Oberweis Ice Cream and Dairy.

## Model Train Display

Family

Saturday, January 25 ▪ 9:30 a.m.–4:30 p.m.

Sunday, January 26 ▪ Noon–4:30 p.m.

All Aboard! The Midwest Division of the Train Collector's Association will return with their hands-on train layout. Bring in your own Lionel train for a free tune-up, lube and cleaning. Numbers will be available in Youth Services when Library opens each day. **DROP IN**

*Families living outside the Library District are invited.*

## April Fool's Day

Family

Tuesday, April 1 ▪ 1:30–5:00 p.m.

Join in an afternoon of fun with marionettes, balloons, the library wheel and more, including some surprises!



### Dave Herzog's Marionettes: Circus Days

G

1:30–2:15 p.m.

Ringmaster Sir Percy Pearly will introduce his fantastic troupe of performers including Señor Froggy the juggler, Billy Glitzatron on his warp-powered trapeze, Mr. Raj Mahal and his amazing snake Tandorri and, as always, Walter the Basset hound will be on hand to greet the audience with a friendly wag of his tail. **REGISTER**

*Families living outside the Library District may attend for \$2 per person on a space available basis.*

### Suzette, Balloon Artist

G

2:30–4:30 p.m.

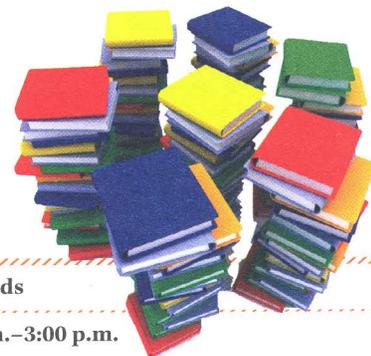
The fun continues with Suzette who will be making balloon creations. Children and students will select from the balloon display chart and then watch as Suzette makes the amazing balloon creation right in front of you. Numbers will be distributed after the marionette show. Enjoy the other activities until your number is called.

*Families living outside the Library District may attend for \$2 per person on a space available basis.*

## Used Book Sale! Everything for Kids

Sponsored by the Junior Friends

Thursday, April 3 ▪ 10:00 a.m.–3:00 p.m.



# YOUTH SERVICES EVENTS

## You Build with LEGO®

Family

Friday, April 4 ▪ 10:30–11:30 a.m. OR  
2:30–3:30 p.m.

Bring your imagination. We have all you will need to create with LEGO® bricks. Your creation will be displayed in Youth Services until the next event. Children through age 7 must be accompanied by an adult. Students in grades 3–8 may attend without an adult. **REGISTER**



## Comic Book Day

Family

Saturday, May 3

Children and students may drop by the ASK ME Desk to select a free comic book while supplies last.



Comics provided by  
Graham Crackers Comics  
(610 S. Randall Road,  
St. Charles).

## Celebrate Children's Book Week: May 12–18

It's a week-long celebration! Stop by Youth Services to spin the Library wheel, go on a Library hunt, browse the Children's Choice Book Awards winners display and much more. Discover your Library this week and return again and again.

### Celebrity Readers

Tuesday, May 13 ▪ 4:00–5:00 p.m.

This year's Celebrity Readers are: Mayor Raymond Rogina; Lori Hewitt, Director of Development CASA Kane County; Mike Hill, Library Trustee; and Linda Horneck, Director Hosanna Preschool. **REGISTER** or **DROP IN**

### Children's Choice Book Awards

The Children's Book Council has announced the finalists for the 7th annual Children's Choice Book Awards. Here's your chance to vote for the best children's book in three categories, as well as the author and illustrator of the year. Visit the book display of finalists in Youth Services this spring and then cast your ballot at the Library or online at [www.BookWeekOnline.com](http://www.BookWeekOnline.com) beginning **Tuesday, March 25, 2014**. Winners will be announced during Children's Book Week, May 12–18.

## Babysitter Training

Babysitter with First Aid and CPR for  
Infant & Child

Ages 11–15

Wednesday, April 2 AND  
Thursday, April 3

Two 6-hour training workshops  
▪ 9:30 a.m.–3:30 p.m.

Fee: \$45 **REGISTER**

Become a Red Cross certified babysitter. Training will cover all aspects of babysitter responsibilities and includes a Babysitter Training set with handbook, emergency reference guide and CD-ROM with templates, organizer, activities and more. Students must attend the entire training workshop and successfully pass all observable skills to receive First Aid certification valid for three years, CPR certification valid for one year and Babysitter certification. Additional training workshops will be offered in June, August and November 2014.

Grant funding provided by the Friends of St. Charles Public Library and St. Charles Kiwanis. Min. of 8 / max. of 10 students

### Registration Requirements:

**A completed Babysitter application form**, including student and parent signatures, is due at registration. The form is available at the ASK ME Desk and online. In-person registration only.

**Full payment** (cash or check payable to St. Charles Public Library) is required to register or to add your name to the waiting list. Cancellations must be made by noon on Friday, March 28. Late cancellations or no-shows will result in loss of fee/no refund. In the event that a student on the waiting list is not called to attend, a refund will be mailed.

**Waiting List** – Up to two applications will be accepted per training session. All applicants will be contacted after the cancellation deadline regarding registration status.

*Students living outside the Library District may register beginning March 19 for \$65.*



## Youth Services Manager Named an Illinois Library Luminary

The Illinois Library Association honored A. Denise Farrugia in recognition of her significant contribution to Illinois libraries. She is credited with establishing the framework for running a financially successful iREAD program, now one of the cornerstones of the Illinois Library Association. As a three-time chair of the iREAD Committee in 1987 (Quest: Journey into Reading), 1988 (Devour a Book), and 1998

(Dive into Books), she established iREAD's popularity and credibility with libraries in Illinois.

A recipient of the Illinois Library Association's Davis Cup Award in 1992 for excellence in service for children, Farrugia has devoted her professional life to serving children. Her love for storytelling led her to coordinate trips to the National Storytelling Festival and she received the National Storytelling Network Oracle Award for the North Central Region in 2003.

This honor roll for Illinois libraries serves the dual purpose of recognizing outstanding voices in the library community, while creating a legacy through the Illinois Library Association Endowment to continue their important work. Since 2009, thirty-one librarians and library supporters have become Library Luminaries.

## Event Registration Information

Most Youth Services events, offered for children and students through grade 8 residing in the St. Charles Public Library District, require registration.

- A child's, student's or parent's St. Charles Library card is required. Grandparents may register grandchildren for events with the symbol **G**.
- Child or student must be the appropriate age or grade to be registered for an event. Each eligible person attending an event must be registered.
- Registration is on a first-come basis and continues until all openings have been filled. Drop-in participation may be available.
- Families living outside the Library District may attend certain events for a fee on a space available basis. Check in at the ASK ME Desk 10 minutes before the event. All attendees must meet the age/grade requirements. Nonresident seating will begin five minutes before the event. Check event listings for those that include nonresident attendance.

For your child's safety, a parent or adult must accompany all children seven (7) years of age and under while in the Library. Please review the "Keeping Safe in the Library" brochure with your child.

### Register online at:

[www.stcharleslibrary.org/evanced/lib/eventcalendar.asp](http://www.stcharleslibrary.org/evanced/lib/eventcalendar.asp)

In-person registration forms are available on our website.

### In-person and online event registration begins:

Winter – Saturday, January 4

Spring – Saturday, March 22

### Telephone registration begins:

Winter – Tuesday, January 7

Spring – Tuesday, March 25

### Why do I need to register?

Registration ensures that you will be contacted if an event is cancelled or delayed.

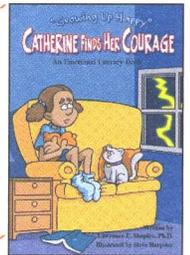
## You've Got to Read This!

Do you know who really created Superman? Or that the men in Queen Elizabeth I's court dyed their beards red to show their support for her? Try some nonfiction this winter and curl up with a great book. You may just learn something new. For more suggestions, visit You've Got to Read This! on our website and choose "Nonfiction."

### Catherine Finds Her Courage: An Emotional Literacy Book

by Lawrence Shapiro ■ J 155.142 SHA

Do you know someone who needs a little help finding his or her courage? Catherine is afraid of being away from her parents, and we follow her as she learns skills to manage her fear, such as practicing being calm, taking small steps, 'changing channels' in her mind, positive self-talk, and asking for help. These strategies for dealing with fears are useful and simply explained.



### Big Wig: A Little History of Hair

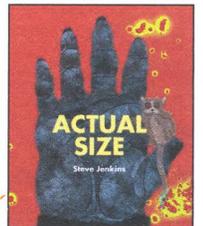
by Kathleen Krull ■ J 391.5 KRU

Did you know that because Queen Elizabeth I had red hair, all the men in her court dyed their beards red in support? **Big Wig** is a fabulous, funny history of hair and hair care. Want to know who used toasted mice as a cure for baldness? Read the book and find out!

### Actual Size

by Steve Jenkins ■ J 591.41 JEN

Eye-popping illustrations show just how big a crocodile's jaw really is, how small a dwarf goby fish is, the size of a tooth of a great white shark and more. Compare your foot with the foot of an African elephant. Additional interesting facts about the animals are included in the back of the book.



### I Feel Better with a Frog in My Throat: History's Strangest Cures

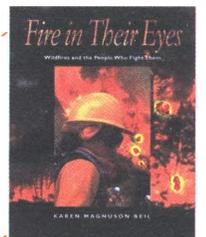
by Carlyn Beccia ■ J 615.88 BEC (found in YS Awards Area)

This 2014 Bluestem Award Nominee makes you appreciate the marvels of modern medicine. If you had a cough in ancient China, you may have tried caterpillar fungus. In 16<sup>th</sup> century England, you would have taken frog soup. If you were a Native American, however, you would have boiled and drank cherry bark. Find out more about the benefits of spider webs, maggots and dirt and why they helped humans heal in this colorful, fun to read book. P.S. Don't use earthworms, millipedes, leeches or mummy powder.

### Fire in Their Eyes: Wildfires and the People Who Fight Them

by Karen Magnuson Beil ■ J 634.9618 BEI

Wildfires are one of Mother Nature's most destructive forces, but they can be beneficial, for ecological reasons. Flip through this book to get a good look at the real-life experiences, training, and equipment of people who risk their lives to battle wildfires.



### Boys of Steel: The Creators of Superman

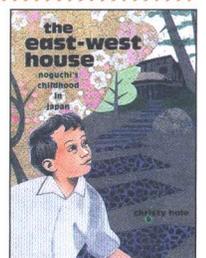
by Marc Tyler Nobleman ■ J 741.59 NOB

Jerry Siegel and Joe Shuster grew up during the Depression reading about their heroes Flash Gordon and Tarzan. Comic books were new back then, and they wanted to write and illustrate their own. When they were 24, they created the Man of Steel.

### East-West House: Noguchi's Childhood in Japan

by Christy Hale ■ JB NOGUCHI

This beautifully-versed and delicately-illustrated book describes the early life of the sculptor, designer, and landscape architect Isamu Noguchi, who was born to a Japanese father and a Scotch-Irish American mother. As one of the twentieth century's most innovative artists, Noguchi uses elements of his childhood experiences in his work, seeking to combine "ancient and modern, craft and technology, and East and West." A perfect read for the blossoming artist.





**St. Charles Public Library**  
 One South Sixth Avenue  
 St. Charles, IL 60174

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**St. Charles Public Library**  
 Phone 630-584-0076 • Fax 630-584-9262  
 adultref@stcharleslibrary.org  
**Youth Services:** 630-584-9390  
 askme@stcharleslibrary.org

**ECRWSS  
 POSTAL CUSTOMER**

*Due to postal delivery routes, some residents who live outside the St. Charles Public Library District will receive this mailing. If you are a nonresident and would like to obtain a library card for a fee, please contact the Library.*

Printed on recycled paper.

**OUR MISSION STATEMENT**

Discover Your Library: Your gateway to information, reading enjoyment, cultural enrichment, community involvement and lifelong learning.

**An Evening with Author  
 Sara Paretsky**

**Trailing After Dickens:  
 Why I Write the Books I Do**

Thursday, January 23 ■ 7:00–9:00 p.m.

Suspense and mystery fans take note. The Library is pleased to welcome New York Times best-selling suspense author and Chicago resident Sara Paretsky to the Library. Paretsky reflects on her life and work, and how she often feels as though she is following in the footsteps of Charles Dickens. In this engaging presentation, Paretsky discusses her admiration for Dickens and how his work has inspired her own success. A question and answer session will follow.

Sara Paretsky is the author of 19 books translated into nearly 30 languages, including her renowned V. I. Warshawski novels. She was named 2011 Grand Master by the Mystery Writers of America, and also is the recipient of the Cartier Diamond Dagger Award given by the British Crime Writers' Association. Her latest novel, **Critical Mass**, published in October 2013, is the sixteenth in the popular V.I. Warshawski series. Copies of the book will be available for purchase and signing.

This visit is sponsored by the St. Charles Public Library Foundation. Space is limited. **REGISTRATION IS REQUIRED.** Sign up in person at the Reference Desk or by calling 630-584-0076, ext. 1 or at [stcharlesil.org/calendar/library](http://stcharlesil.org/calendar/library).



**Save This Issue!**  
*Discover Your Library* is published three times per year and will be available only in your mailbox or online through the Library's website.

**Hours**

Monday–Thursday	9:00 a.m.–9:00 p.m.
Friday	9:00 a.m.–8:00 p.m.
Saturday	9:00 a.m.–5:00 p.m.
Sunday	Noon–5:00 p.m.

**Closings**

- Tuesday, December 24
- Wednesday, December 25
- Tuesday, December 31 at 5:00 p.m.
- Wednesday, January 1
- Monday, February 17
- Sunday, April 20
- Friday, May 2 at 6:00 p.m.
- Monday, May 26

**Library Board Members**

- Victoria A. Haines, President
- Kimberly D. M. Reese, Vice-President/  
Secretary
- Norman C. Huntley, Treasurer
- Karen S. DeVault
- Michael Hill
- Dr. Cynthia Steimle

**Library Board Meetings**  
 Wednesdays at 7:00 p.m. in the  
 Bisbee Conference Room

- January 8
- February 12
- March 12
- April 9
- May 14



*TriCity Family Services  
is committed to assuming  
a leadership role in providing  
community based, family centered,  
behavioral health services.*

**We accept:**

- Kid Care for Children and Adolescents
- Medicare
- Most major insurance plans
- Many managed care and employee assistance benefits
- A sliding fee scale for self pay clients
- Reduced fee payments for those in financial need

Clients living outside of our funded area may be served by TriCity Family Services using their commercial insurance or may be assessed on a separate sliding fee scale.



# Strengthening people - building community

TriCity Family Services  
1120 Randall Court  
Geneva, IL 60134

**630.232.1070**

fax 630.232.1471

TriCityFamilyServices.org



1120 Randall Court  
Geneva, IL 60134

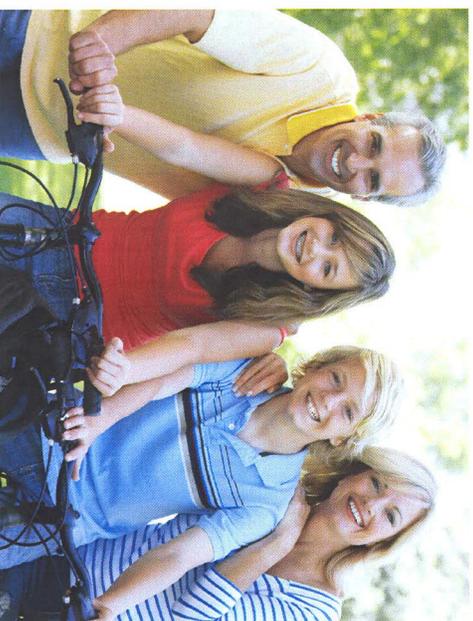
630.232.1070  
fax 630.232.1471

TriCityFamilyServices.org



# Family Based Treatment for Eating Disorders

A family-centered, outpatient  
approach for children and teens



# FBT

## Does your child or teen...

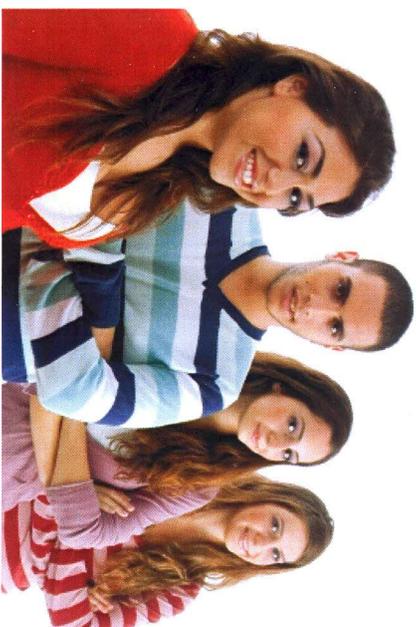
- ◆ Engage in extreme calorie counting or portion control?
- ◆ Feel ashamed, disgusted or guilty after eating?
- ◆ Constantly worry about his or her weight or shape?
- ◆ Obsess over the number on the scale?
- ◆ Binge?
- ◆ Purge?
- ◆ Refuse to eat with family or friends?
- ◆ Use diet pills or laxatives?
- ◆ Exercise excessively?

If you answered "yes" to any of these questions, you may want to consider ...

## FBT—a compassionate approach for families dealing with:

- ◆ Anorexia
- ◆ Bulimia
- ◆ Binge Eating
- ◆ Disordered Eating

TriCity Family Services' Family-Based Treatment for Eating Disorders is a highly practical, evidence-based approach that enlists the entire family as a resource in supporting their child's recovery. We provide a caring and supportive environment for children, teens and their families.



## A family-centered, outpatient approach for eating disorders

FBT recognizes that parents and caregivers are the best resource for their child's recovery from an eating disorder.

FBT empowers parents to take an active role in resolving disordered eating and restoring weight to a healthy range.

FBT utilizes a team approach that includes the therapist, family physician and other partners the family may want to include.

### FBT consists of three, distinct phases:

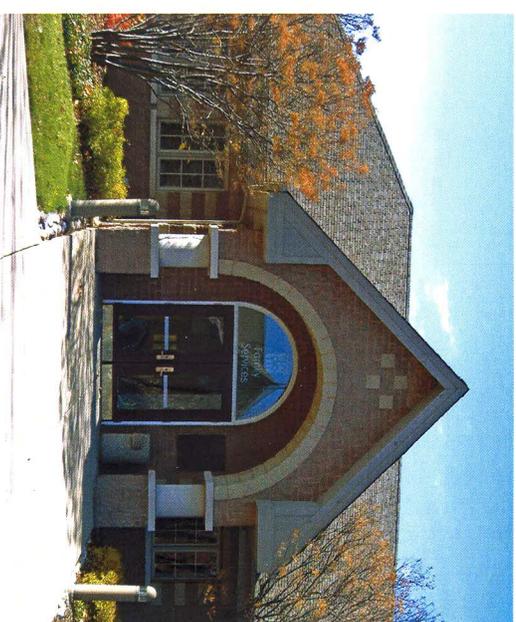
- Phase 1:** Parents assume control by providing the type and amount of food needed to restore their child's health.
- Phase 2:** Parents shift control back to their child once weight has been restored and disordered eating has been resolved. Children and teens learn to resume healthy eating patterns and maintain weight independently.
- Phase 3:** Children and teens re-establish a healthy identity and families restore relationships.

Our mental health professional staff includes a team of:

- Licensed Clinical Social Workers (LCSW)
- Licensed Clinical Professional Counselors (LCPC)
- Licensed Marriage and Family Therapists (LMFT)
- Board Certified Psychiatrists

For more information about FBT please call:  
630-232-1070

For staff biographies and information about our other programs, please visit  
[www.tricityfamilyservices.org](http://www.tricityfamilyservices.org)



We believe that eating disorders are treatable, and that everyone has the ability for a complete and full recovery.

# hope

# recovery

# health

# a circle of friends...

helping neighbors, friends and families in  
our community through volunteer service  
and support of Tricity Family Services.

*The Friends of Tricity Family Services is  
a network of volunteers supporting the  
agency in a variety of ways—managing  
major fundraising events, responding  
to individual client needs such as  
providing babysitting or transportation  
for counseling sessions, and helping the  
agency office with answering phones,  
bulk mailings and staff appreciation.*

Call to join "The Friends"  
**630.232.1070**

## contact us...

Tricity Family Services  
1120 Randall Court, Geneva, Illinois 60134  
630.232.1070 fax 630.232.1471  
[www.tricityfamilyservices.org](http://www.tricityfamilyservices.org)

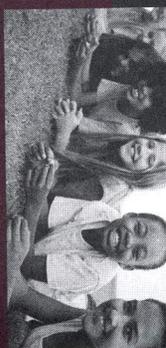
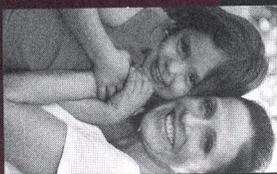


1120 Randall Court  
Geneva, IL 60134  
630.232.1070  
630.232.1471 fax



[www.tricityfamilyservices.org](http://www.tricityfamilyservices.org)

A private,  
not-for-profit  
community-based  
counseling agency.



Strengthening people—  
building community

# hope support health

## TRICITY FAMILY SERVICES

is a local leader in providing a full spectrum of counseling and other mental health services for children and teens, their families and community members across all life stages and income levels. Our team of mental health professionals serves the people of central Kane County, including Geneva, St. Charles, Batavia, Elburn and the surrounding area. Through our services and support environments, our multi-dimensional approach seeks to strengthen the entire TriCity community by promoting lifelong mental health.

## COUNSELING *Getting healthy*

Counseling is the core of our services at TriCity Family Services. Since 1967, TriCity Family Services has served as a leader in the provision of quality behavioral health services for all ages and all income levels. Our highly skilled therapists are committed to providing compassionate, affordable and confidential counseling for issues occurring across the family life cycle, including:

- Depression
- Anxiety and phobias
- Marital discord
- Post-divorce conflict
- Behavior problems
- School anxiety or school refusal
- ADHD/Childhood disorders
- Crisis intervention
- Grief
- Parenting
- Communication problems
- Isolation and loneliness
- Thoughts of suicide
- Stress
- Trauma and sexual abuse

## FBT *Families facing eating disorders*

Family-Based Treatment (FBT) for eating disorders is a highly practical, evidence-based outpatient approach that recognizes parents as the best resource for their child's recovery. FBT uses a team model that includes the therapist, family physician, all family members, and other partners. We believe that eating disorders are treatable and that everyone has the ability for a complete and full recovery. FBT addresses:

- Anorexia
- Bulimia
- Binge Eating
- Disordered Eating

## BRIDGES *Children of divorce*

Bridges is a workshop for children ranging in age from 7 to 11 who are adjusting to their parents' divorce or separation. The 6-session workshop guides them in their struggle with a changing family. Bridges helps children find answers to their commonly asked questions:

- What does divorce mean to me?
- Is there something strange about my family?
- Is it my fault?
- How can I fix it?

## SMART CHOICES *Anger management for youth*

Through engaging, age-appropriate activities, children and teens are taught the skills to resolve conflict, manage anger, and effectively communicate their needs. Parents also attend the program, which is a multi-family group setting for children in grades K-5, and an individual family setting for teens in middle school and high school. The workshop is facilitated by qualified counselors and covers the following topics:

- Emotions and anger response patterns
- Calming techniques
- Responding to teasing/bullying
- Understanding points of view
- Elements of effective communication

## WILDERNESS CHALLENGE *An outdoor adventure*

Aimed toward 8<sup>th</sup> and 9<sup>th</sup> grade students at risk of a difficult transition to high school, the Wilderness Challenge Program gives teens the character-building challenge of a week-long canoe and camping trip through the boundary waters of Minnesota and Canada. One trip is scheduled each summer. Follow-up group activities occur throughout the school year. Wilderness Challenge creates an atmosphere where teens:

- Learn to cooperate as a team
- Increase problem-solving skills
- Build self-esteem and mutual respect

## TEEN GIRLS RETREAT *Weekend of reflection*

For girls ages 14-17, each retreat weekend is designed to increase the participants' ability to engage in values-based positive behaviors, even when experiencing challenging thoughts and emotions. Special emphasis is given to the development of:

- Emotional self-awareness
- Mindfulness skills
- Ability to cope and nurture oneself

## SINGLE MOMS *Support and community*

Women who are single parents are invited to join the Single Moms Support Group. Childcare is available. The group provides education and support to help:

- Diminish stress
- Manage multiple demands
- Provide effective guidance for children

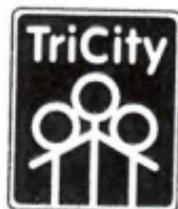
## GRANDPARENTS RAISING

### GRANDCHILDREN *Support and community*

Grandparents who have become primary caregivers of their grandchildren are invited to join the Grandparents Raising Grandchildren Support Group. Childcare is available. The group provides education and support to help:

- Parent a new generation
- Cope with a change in life plans
- Manage stress

*TriCity Family Services also provides employee assistance services, educational presentations and training, and school collaboration programs for youth. We welcome individuals using Medicaid, Medicare, insurance, or our sliding fee scale. Many of our services are provided only through the generosity of the community and no one is denied services based on an inability to pay. Donations and volunteer service to TriCity Family Services are always appreciated.*



Family  
Services

Family Counseling Since 1967

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February 2, 2014

**Parent Teacher Organization  
Post Prom Committee  
255 Red Gate Rd.  
St. Charles, IL. 60175**

Dear St. Charles Youth Commission,

St. Charles North (SCN) High School is hosting their eleventh annual Prom on May 3, 2014. As part of that evening the St. Charles North Parent Teacher Organization will be hosting a Post Prom event. The primary purpose of this event is to provide a safe, yet fun activity for the students to help them avoid other less positive activities.

All SCN juniors and seniors with or without dates, whether or not they attended Prom, are invited to come. Last year over 725 students made the choice to attend this safe event. That is up over 100 students from 2013 and over 150 from 2012. These increases in attendance have made it more difficult for us to work within our limited budget and that is why I am reaching out to the Youth Commission.

Over the years Post Prom has become an event in which the community has so graciously participated. We have raised a portion of our budget through fundraising; however we cannot meet our budget without the support of local business and civic organizations like the Youth Commission. I would like to take this opportunity to ask the St. Charles Youth Commission for your continued support. I would like to ask if the commission would consider continuing your \$2,000 donation and I am willing to beg if you would consider donating more.

If you choose to financially support this event please send your donation to the address listed at the top of this letter.

We appreciate your support and would like to thank you, in advance, for contributing to the safety of our youth. Should you have any questions please feel free to contact me directly at 630-819-6615 or by email at [mullally@ix.netcom.com](mailto:mullally@ix.netcom.com).

I would also like to extend an invitation to each board member to come and visit our Post Prom. It is held at Christ Community Church on May 3<sup>rd</sup>, 2014 from 11:00 until 3:30. You have chosen to support the youth of our community and I would love to have you see the fruits of your labor as well as the event your donation help to provide. Please let me know if you would like to come and see 750 teenagers having fun.

Sincerely,

A handwritten signature in blue ink that reads "Thomas J. Mullally".

Tom Mullally  
2014 SCN Post Prom Chairperson