

■ ST. CHARLES YOUTH COMMISSION ■

Monday, March 4, 2019 – 6:00 p.m.

St. Charles Police Department Conference Room
211 N. Riverside Avenue

C. Denz – Youth Commissioner, Chair*
J. Diorio – Youth Commissioner*
C. Hime – Youth Commissioner, Treasurer
D. Kelly – Youth Commissioner*
L. Kristofer – Youth Commissioner, Secretary*
J. Muenz – Youth Commissioner*
D. Saylor – Youth Commissioner*
M. Weick – Youth Commissioner*
C. Wiese – Youth Commissioner*
J. Wong – Youth Commissioner*

J. Burden, STC PD*
E. Mahan, STC PD
J. Keegan, Chief of Police
R. Rogina, Mayor
STC Aldermen
M. Koenen, City Administrator
J. Bruggeman, STC Park District
B. Buckley, STC Library*
J. O'Neal, TriCity
P. Palagi, D303
M. Barfuss, TriCity

***Attended meeting**

- I. Meeting called to order @ 6:00 p.m.
- II. **Secretary's Report**
 - A. Approval of the minutes from the February 2019 meeting. Motion to approve; carried.
- III. **Treasurer's Report – Cliff Hime**
 - A. No requests were funded last month. Balance remains at \$4,420.
- IV. **Correspondence – none**
- V. **Presentations**
 - A. **Eating Disorders and Family Based Treatment (FBT) – TriCity Family Services**
 - i. FBT is a 6 -12 month program that works best for kids ages 8-22 who are living in a supportive family system.
 - ii. FBT has 3 phases:
 - a. Goal of phase 1: gain four pounds in four weeks. Doctor collaboration and involvement with parents and siblings are critical in the first month. All family members attend sessions and participate in the process.
 - b. Phase 2 is for weight to be restored. Ideal weight gain is typically between 10 - 30 pounds. The focus is on independent eating, meal planning, preparation, and nutrition. Supervision continues to be important at home and at school.
 - c. During phase 3 comorbid issues such as body image, anxiety, and depression are addressed.
 - iii. Eating disorders are characterized by chemical imbalances and serious physical problems can be a concern.
 - iv. Intervention is important because eating disorders are the most fatal in adolescents and most chronic aside from asthma and diabetes.
 - B. **Childhood Anxiety within the St. Charles Community – Cheryl Denz**
 - i. There has been a steady incline in childhood anxiety over the last 10 – 15 years.

- ii. We live in a much busier time. Starting in kindergarten, demands are greater on students. Sports are more competitive. ACT prep is more intense. AP classes start as early as freshman year. Level of expectation has grown.
- iii. Since 2007, anxiety has increased 200%. In 2007, smart phones became readily available. Access to tech/screen time comes at a price. Less socialization in person. Social media leads to comparison and judging of self and other. Anxiety leads to increased hospitalization and suicide attempts (in communities like Geneva and Naperville, the same trends are noted).
- iv. Parent education is important to raise awareness and focus on prevention.
- v. School refusal is a problem in our society and community for many reasons, including but not limited to: social anxiety, bullying, being afraid to fail, or worrying about being called on in class. Programs usually don't start until after a student has missed three weeks of school and it is difficult to reverse the behavior at that point.
- vi. There has been a shift in affluent communities like ours and as a result of new parenting styles, a large number of kids are not learning how to fail, how to face problems, or how to be average.

VI. Reports

A. Liaison Reports

- i. **D303** – absent
- ii. **Park District** – Darby Beasley
 - a. After renovations to the space, the numbers are increasing again at the Teen Center;
 - b. A lock-in took place with 35 teens in attendance; they had a blast!
 - c. The bathroom is currently being renovated.
- iii. **Police Department** – Officer Jim Burden
 - a. Juvenile arrest listing attached.
- iv. **Library Programs** – Brandon Buckley
 - a. Renovation plans for the 10,000 square foot addition are now available for public perusal. The upgrades include a drive through pick up window, updated enclosed teen space, more study rooms, additional program space, and a maker space. The entrance will be moved towards 64 to incorporate the Carnegie Library 1908 portion. The parking lot will come across walnut and the design includes more green space and possibly even a playground.
 - b. April 2020 is the tentative start date.
 - c. The two houses left on Walnut will be demolished in April or May.
 - d. Total cost is estimated to be around 18 million dollars. The library has approximately \$12,000,000 to put towards the project and there is not a plan for the remaining six million yet.
 - e. The library board is looking at ways to get free library cards for all of the students within the D303 attendance boundaries.

- f. The Juvenile Justice Center is a detention center for children ages 10 – 18 awaiting trial. There is a school there with some reading programs. It is a great and positive experience to work with this population, as reading is a reward for them.
- g. Another new incentive is “RFID.” Instead of scanning bar codes, books will each have a chip so you can scan a whole stack all at once. You can also find lost books using the chips. The library has not switched to electronic sorting yet, but they are leaving space for that in the future; possibly at the time of the renovation.

v. Tri-City Family Services – Miranda Barfuss

- a. The Tri-City Family Services Annual Gala will be held on Saturday night. It is Hollywood-themed and space is still available.
- b. The Wilderness Challenge Program (WCP) is coming up. St. Charles had a low turnout last year. Only 3 out of 30 students were from our community. Cost is \$75, but if you complete the follow up questionnaires you will be reimbursed this fee.

B. Outreach Sub-Committee Report

- i. Colleen met with Lisa Garhan. The Youth Commission can’t make adjustments to the way people can access the Youth Commission from the City page, but the Youth Commission can submit information to be added to the News section.
- ii. The City will post the Youth Commission’s videos on their social media platforms. The Youth Commission can submit the content with a description that may be edited before it is posted. Timely information will receive priority, but anything else the Youth Commission submits will be shared when the opportunity arises.
- iii. On the City’s website, when you click on the Youth Commission tab, the first page can be edited to include more information. Right now it takes two clicks to get to the important information and this change will eliminate that.
- iv. The tech department can help simplify the application form and make it accessible electronically.
- v. At the May 6th City Council meeting there will be a 185th birthday celebration. Lots of different things and groups will be featured. The Youth Commission can submit something to have on the agenda. The Youth Commission will discuss this more at the April meeting. One idea is to include the recipient of our Youth Impact Award.

VII. Old Business

- A. A \$300 funding request was submitted by the Bell Graham Knitting Club. Motion to fund \$300 was made by Dan Kelly and seconded by Jeff Wong. Motion carried unanimously.
- B. A funding request for \$3,000 was submitted by Tri-City Family Services. Motion to table this request until next month was made by Jim Diorio and seconded by Jayme Muenz. Motion carried unanimously.

- C. A \$1,000 funding request was submitted by the St. Charles East Post Prom Committee. Motion to approve \$500 was made by Jim Diorio and seconded by Colleen Wiese. Motion carried unanimously.
- D. Youth Impact Award
 - i. Youth Commission Member Dan Kelly presented two certificate options for this award.
 - ii. Katie Cantrell is the confirmed candidate, and Jennifer Bruggeman, our Park District liaison, is the contact person.
 - iii. Dan will draft a letter and submit it to Sara Cass for approval. The letter will be printed on City letterhead and mailed to the recipient's home.

VIII. New Business

- A. A funding request was submitted by the St. Charles East HOPE Club for \$2,000. Marianne Weick made a motion to fund \$2,000. It was seconded by Jayme Muenz. The motion carried unanimously.
- B. Jim Diorio made a motion to ask City Council for \$1,380 to fully fund the request from TriCity Family Services. Cliff Hime seconded the motion. Motion carried unanimously. Cheryl will figure out the process for this.

IX. Announcements/Discussion

- A. The City Council meeting for the Youth Commission by-law approval will take place on April 15th at 7 pm at City Hall.
- B. Youth Commission Officer elections will be held in April.
- C. Term renewals for all Commissions – the City has many people interested in serving on all commissions; as a result, we might see some turnover in City of St. Charles commissioners.
- D. Presentation speakers/topics in April to possibly include – Judge Clint Hull, Lazarus House, Bullying, and Cindy Ruesch, the D303 liaison for the Latino community.

X. Public Comment

- A. Molly Denz spoke about being subjected to bullying in our schools and suggested the youth commission consider ways to address this topic.

XI. Adjournment

- A. Youth Commission Member Cheryl Denz made a motion to adjourn at 7:36 p.m., seconded by Youth Commission Member Jayme Muenz; motion carried.

The next Youth Commission meeting will be Monday, April 1, 2019 at 6:00 p.m. in the St. Charles Police Department Training Room located on the east side of the building at 211 N. Riverside Avenue.

Minutes respectfully submitted,
Lara Kristofer, Youth Commissioner

AGENDA
ST. CHARLES YOUTH COMMISSION
CHERYL DENZ, CHAIR

MONDAY, MARCH 4, 2019 – 6:00 P.M.
POLICE DEPARTMENT, 211 N RIVERSIDE AVENUE

- I. Call to Order
- II. Approval of the minutes of the previous meeting
- III. Treasurer's Report
- IV. Correspondence
- V. Presentations
 - a. Childhood Anxiety within the St. Charles Community – Cheryl Denz
 - b. Eating Disorders and Family Based Treatment – TriCity Family Services
- VI. Reports
 - a. Liaison Reports
 - i. Schools
 - ii. Park District
 - iii. Police Department
 - iv. Library
 - v. TriCity Family Services
 - b. Outreach Sub-Committee Report
- VII. Old Business
 - a. Funding Request from the Bell-Graham Knitting Club
 - b. Funding Request from TriCity Family Services
 - c. Funding Request from St. Charles East Post Prom Committee
 - d. Impact Award
- VIII. New Business
 - a. Funding Request from St. Charles East HOPE Club
- IX. Announcements
 - a. March 18, 2019 at 7pm: City Council Meeting for by-law approval
 - b. Youth Commission Officer Elections in April
 - c. Term Renewals for all Commissions
- X. Public Comment
- XI. Adjournment

ADA Compliance

Any individual with a disability requesting a reasonable accommodation in order to participate in a public meeting should contact the ADA Coordinator, Jennifer McMahon, at least 48 hours in advance of the scheduled meeting. The ADA Coordinator can be reached in person at 2 East Main Street, St. Charles, IL, via telephone at (630) 377 4446 or 800 526 0844 (TDD), or via e-mail at jmcmahon@stcharlesil.gov. Every effort will be made to allow for meeting participation. Notices of this meeting were posted consistent with the requirements of 5 ILCS 120/1 et seq. (Open Meetings Act).

STC Underground

Monthly Unique Individuals/Total Visits

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sept	Oct	Nov	Dec
2019	104/362	115/401										
2018	100/431	122/377	157/524	122/407	128/387	111/420	85/295	103/391	100/384	84/275	108/333	109/343
2017	101/432	101/419	126/499	117/475	133/436	119/429	119/469	120/517	128/479	122/425	113/454	104/440
2016	94/389	112/428	98/413	108/439	108/432	121/441	109/432	88/377	145/524	128/503	90/284	103/436
2015	97/443	92/363	90/381	96/396	104/380	106/387	107/439	111/409	101/375	101/398	98/413	94/373
2014	118/433	108/403	120/430	110/443	109/461	100/411	99/439	104/428	117/402	108/423	99/404	105/420
2013	71/340	75/259	77/426	101/487	103/466	90/415	78/439	97/486	116/421	118/450	106/464	94/337

Drop-Ins

1:00pm	6
2:00pm	12
3:00pm	64
4:00pm	103
5:00pm	78
6:00pm	77
7:00pm	46
8:00pm	11
9:00pm	4
Days Open	20
Avg #/Day	20

Members

Total Members	1,042
Males	697
Females	345

History

Annual Unique Visitors/Total Visits

2018	343/4590
2017	415/5,471
2016	347/5,098
2015	319/4,757
2014	319/5,097
2013	305/4,990

Date	1:00	2:00	3:00	4:00	5:00	6:00	7:00	8:00	9:00	Total
1-Feb										25
2-Feb										33
5-Feb			5	1	10	2	4	2		13
6-Feb			2	6	11	2	1			15
7-Feb				10	2	8	3			9
8-Feb				4	4					27
9-Feb	5		6	14	2	4	5	2		36
12-Feb			5	3	4	13	2	3		19
13-Feb			3		5	5	4			14
14-Feb				9	4	2	5			15
15-Feb				8	3	4	2			25
16-Feb		6		6	12	10	2	2	2	26
19-Feb			7	9	2			2		19
20-Feb				3	3	3		1		9
21-Feb			7	4		5		1		17
22-Feb			5	9	3	10	5			32
23-Feb	1	1	2		6	4	1		1	16
26-Feb			8	4		3				15
27-Feb			3	3	3	2	4			13
28-Feb			6	5	4		6			23
Total	6	12	64	103	78	77	46	11	4	401

SC Juvenile Arrest listing

Statute Code	Description	Arrest Date And Time	subject ID Number	Arrestee Address City	Arrestee Jacket Type
720 ILCS 5.0/21-1-1-A	CRIMINAL DAMAGE: To Property	02/06/2019 09:30:00		ELBURN	Juvenile Jacket
720 ILCS 550/5.2	CANNABIS: Delivery School Grounds	02/06/2019 14:00:00		SAINT CHARLES	Juvenile Jacket
720 ILCS 570.0/402	CONTROLLED SUBSTANCE: Possession Of	02/06/2019 14:00:00		SAINT CHARLES	Juvenile Jacket
720 ILCS 550.0/5-C	CANNABIS: Delivery - < 30 Grams	02/06/2019 14:00:00		SAINT CHARLES	Juvenile Jacket
625 ILCS 5.0/6-110-A-1	TRAFFIC: Other Violations	02/07/2019 01:05:00		SAINT CHARLES	Juvenile Jacket
625 ILCS 5.0/12-211	TRAFFIC: Other Violations	02/07/2019 01:05:00		SAINT CHARLES	Juvenile Jacket
720 ILCS 570.0/402	CONTROLLED SUBSTANCE: Possession Of	02/07/2019 01:05:00		SAINT CHARLES	Juvenile Jacket

3/4/2019 9:04:41 AM