

■ ST. CHARLES YOUTH COMMISSION ■

Monday, March 6, 2017 – 6:00 p.m.
St. Charles Police Department Conference Room
211 N. Riverside Avenue

Minutes have been sent to the following:

N. McFarland – Youth Commissioner*	L. Dandre, STC EHS
S. Anderson – Youth Commissioner*	P. Jensen, Haines M.S.
J. Diorio – Youth Commissioner*	D. Schlomann, Superintendent CUSD 303
C. Hime – Youth Commissioner*	S. Morrill, Wredling M.S.
D. Kelly – Youth Commissioner*	J. Otepka, TriCity
S. Schwerdtfeger – Youth Commissioner*	J. Anderson, STC Township
L. Vitek – Youth Commissioner*	C. Blake, TriCity
M. Weick – Youth Commissioner	C. Kyle, STC EHS
J. Wong – Youth Commissioner*	J. Baird, CUSD 303
C. Waibel – Youth Commissioner*	T. Loversky, Thompson M.S.
J. Burden, STC PD*	H. Kincaid, STC NHS
J. Keegan, Chief of Police	E. Baxter, STC Library
R. Rogina, Mayor	J. Bruggeman, STC Park District
STC Aldermen	D. Procaccio, STC Underground*
M. Koenen, City Administrator	M. Karson, STC EHS
L. O'Brien, CUSD 303	M. Backer, CUSD303
A. Christenson, STC NHS	J. Greenwald, STC Park District
C. Mendez, TriCity	A. Schuett, CUSD 303
S. O'Brien, TriCity	K. Hood, TriCity
K. Horn, TriCity	P. Yensen, United Way
S. Urban, TriCity*	B. Jones, CUSD 303

*Attended meeting.

- I. Meeting called to order @ 6:02 p.m.
- II. **Secretary's Report** – Dan Kelly
 - A. Approval of the minutes from the February 2017 meeting with one correction: Carolyn Waibel was present. Motion to approve; carried.
- III. **Treasurer's Report** – Cliff Hime
 - A. Approval of report carried; copy of report attached. \$6,340 remains in the account.
- IV. **Correspondence** – none
- V. **Presentations** – none
- VI. **Liaison Reports**
 - A. D303 – absent
 - B. **Park District** – Dan Procaccio
 - i. St. Charles Underground update; report attached.
 - C. **Police Department** – Jim Burden

- i. Juvenile Police report, attached.

D. Library Programs – absent

E. Tri-City Family Services – Sacha Urban

- i. Update on Chick Chat to be held on March 18th at Wredling.
- ii. The gala fundraiser is on April 22, 2017 at Pheasant Run.
- iii. Update on current programs and wait lists.

VII. Old Business

- A. Press Release – a draft of a new Youth Commission press release was composed by Stacy Anderson and is attached. Motion to approve the press with two corrections, carried.

VIII. New Business

A. Funding Requests

- i. A funding request from Tri City Family Services was submitted by Sacha Urban in the amount of \$2,000 for family based counseling for children and adolescents within District 303 in financial need. Motion to fund request for \$2,000, carried.

IX. Announcements

- A. The Youth Commission will be mentioned in correspondence and on t-shirts for the HOPE Club.

X. Public Comment – none

XI. Adjournment

- A. Motion to adjourn at 6:34 p.m., carried.

The next Youth Commission meeting will be Monday, April 3, 2017 at 6:00 p.m. in the St. Charles Police Department Riverside Conference Room located at 211 N. Riverside Avenue.

Minutes respectfully submitted,
Dan Kelly, Youth Commissioner

STC Underground

Monthly Unique Individuals/Total Visits

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sept	Oct	Nov	Dec
2017	101/432	101/419										
2016	94/389	112/428	98/413	108/439	108/432	121/441	109/432	88/377	145/524	128/503	90/284	103/436
2015	97/443	92/363	90/381	96/396	104/380	106/387	107/439	111/409	101/375	101/398	98/413	94/373
2014	118/433	108/403	120/430	110/443	109/461	100/411	99/439	104/428	117/402	108/423	99/404	105/420
2013	71/340	75/259	77/426	101/487	103/466	90/415	78/439	97/486	116/421	118/450	106/464	94/337
2012	111/48	99/452	103/569	98/480	119/558	121/569	102/520	105/523	106/451	120/496	104/534	97/414

Drop-Ins

1:00pm	3
2:00pm	31
3:00pm	48
4:00pm	77
5:00pm	157
6:00pm	69
7:00pm	16
8:00pm	17
9:00pm	1
Days Open	20
Avg #/Day	21

Members

Total Members	916
Males	626
Females	290

History

Annual Unique Visitors/Total Visits

2016	347/5,098
2015	319/4,757
2014	319/5,097
2013	305/4,990
2012	264/6,047

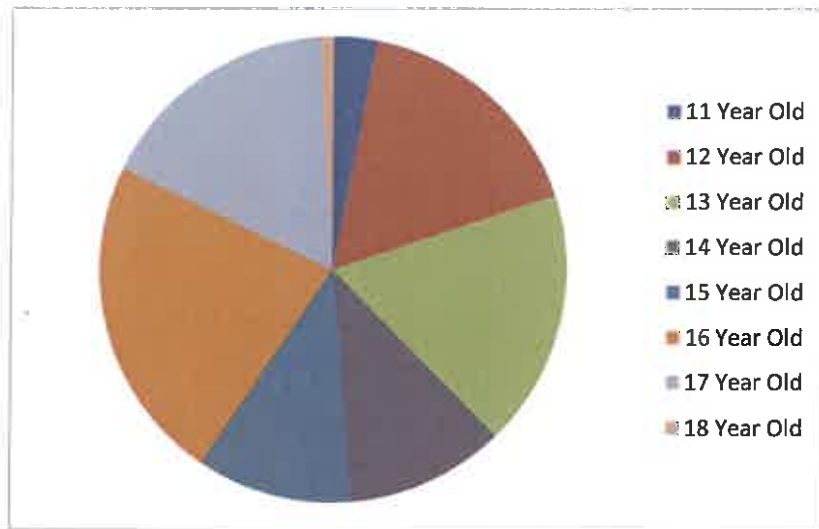
"I love coming down here to meet my friends and Dan and Darby make it feel like a second home down here!" –Sebastian Hernandez, STCU Member

STC Underground

TEEN CENTER

February 2017 Usage Member Age Breakdown

AGE	NUMBER OF KIDS
11 Year Old	3
12 Year Old	17
13 Year Old	18
14 Year Old	11
15 Year Old	11
16 Year Old	23
17 Year Old	17
18 Year Old	1
Total	101



SC Juvenile Arrest listing

Statute Code	Description	Arrest Date And Time	subject ID Number	Arrestee Address	City	Arrestee Jacket Type
9-44-020	CRIMINAL TRESPASS: To Land	02/17/2017 21:03:00		WARRENVILLE		Juvenile Jacket
9-44-020	CRIMINAL TRESPASS: To Land	02/17/2017 21:03:00		CAROL STREAM		Juvenile Jacket
9-44-020	CRIMINAL TRESPASS: To Land	02/17/2017 21:03:00		WHEATON		Juvenile Jacket
9-44-020	CRIMINAL TRESPASS: To Land	02/17/2017 21:03:00		WHEATON		Juvenile Jacket
9-52-010	CHILD: Curfew	02/26/2017 01:16:00		SOUTH ELGIN		Juvenile Jacket
9-52-010	CHILD: Curfew	02/26/2017 01:16:00		ST CHARLES		Juvenile Jacket
9-52-010	CHILD: Curfew	02/26/2017 01:16:00	IL0451400:10081:J	SAINT CHARLES		Juvenile Jacket
720 ILCS 5.0/12-3.2-A-1	BATTERY: Domestic	03/01/2017 08:06:00		SAINT CHARLES		Juvenile Jacket
720 ILCS 5.0/12-3.2-A-2	BATTERY: Domestic	03/01/2017 08:06:00		SAINT CHARLES		Juvenile Jacket
9-40-010	THEFT: Retail	03/05/2017 20:39:00		SAINT CHARLES		Juvenile Jacket
9-40-010	THEFT: Retail	03/05/2017 20:39:00		SAINT CHARLES		Juvenile Jacket

3/6/2017 3:25:10 PM



1120 Randall Court • Geneva, IL 60134 • (630) 232-1 070 • (630) 232-1471 fax

February 8, 2017

Ms. Nancy McFarland
St. Charles Youth Commission
2 East Main Street
St. Charles, IL 60174

Dear Nancy,

On behalf of TriCity Family Services, I am grateful for the opportunity to submit this funding request to the St. Charles Youth Commission. With this letter, I am including a proposal for \$2,000 in support of our most critical service: Family-Based Counseling for Children and Adolescents in Financial Need within the 303 school district.

If you or the STC Youth Commission has any questions about this submission or TCFS, please contact me at (630) 232-1070 x 136 or surban@tricityfamilyservices.org.

I look forward to hearing from you and thank you in advance for your consideration

Kind regards,

Sacha

Sacha Urban
Manager of Community Giving

P.S: I hope to see many STC Youth Commissioners at TCFS' upcoming Gala on April 22 at Pheasant Run Resort!



Family Services

A proposal to the
St. Charles Youth Commission

In support of
**Family-Based Counseling for Children and
Adolescents in Financial Need**



Contact: Sacha Urban, Manager of Community Giving
Address: TriCity Family Services, 2570 Foxfield Rd., Ste. 101, St. Charles, IL 60174
Phone: (630) 232-1070 x136
Fax: (630) 232-1471
Email: surban@tricityfamilyservices.org

Request: \$2,000 to provide outpatient, family-based counseling for children and adolescents living in the City and Township of St. Charles, IL.

Description of Organization

TriCity Family Services (TCFS) is a private, not-for-profit, human service agency serving the community members of central Kane County. The agency is dedicated to strengthening people and building community through the provision of quality, affordable counseling, youth crisis intervention, prevention, and early intervention services that promote sound mental health and effective family functioning. As a community-based organization, TCFS promotes service excellence, honesty, hopefulness, personal responsibility, and respect for others.

Our services are designed to address a wide-range of mental disorders that destabilize families and prevent individuals from leading productive, satisfying lives. Integral to our mission is our commitment to making our programs and services affordable to area residents in need, particularly individuals who are uninsured or struggling to meet high deductibles. By operating under a sliding fee scale, and offering scholarships for our group programs, TCFS ensures that no one is denied services based on an inability to pay.

Purpose of Grant

Counseling is at the core of our work at TriCity Family Services. We specialize in family-centered counseling for children and adolescents. Experienced professionals who know the special needs of children and teens help them work through complex and multi-faceted challenges.

Specific to this grant request, TriCity Family Services treats children and teens of all ages and income levels for mental health issues ranging from communication problems to phobias and thoughts of suicide. The children we serve in our family-centered outpatient center suffer from mental illnesses and disorders including:

- Anxiety Disorder
- Attention-Deficit/Hyperactivity Disorder
- Affective or Mood Disorders, such as depression and bipolar Disorder
- Disruptive Behavior Disorders
- Autism spectrum Disorders
- Eating Disorders
- Communication Problems
- Grief/Loss
- Family Conflict

Also, under the umbrella of the agency's Counseling Services, TCFS provides Family-Based Treatment for Eating Disorders (FBT), an evidenced-based approach that enlists the entire family in treatment. The Family-Based Treatment for Eating Disorders (FBT) Program continues to grow at TCFS at an exciting rate. In February of 2016, we distributed over 150 educational and informative goodie bags to area school workers, doctors, dentists for Eating Disorder Awareness Week. Last year, we provided eating disorder treatment to a total of 37 families with 17 of them being brand new! Of those, 5 families are from St. Charles. We expect to see continued growth as the

community becomes aware of this highly effective and cost-efficient eating disorders treatment option.

Our ability to provide these services including psychiatric services (psychiatric evaluations and medication management) to children and adolescents on a sliding-fee scale is what makes our agency unique in our service area.

It is important to note that TCFS is much more than a counseling agency for the families we serve. For the majority of our clients, counseling sessions need to be supplemented with the active support and assistance of the therapist, beyond the talk-therapy, by way of social work or case management. We identify resources for clients, accompany a parent to a meeting with their child's school principal or legal authorities, connect clients in financial crisis with credit counseling, help clients apply for the public funds they are entitled to, help with food at Thanksgiving and Easter as well as holiday gifts, and a multitude of other wrap-around client support services. This kind of complete care and case management in the mental health setting would not occur in a traditional mental health organization.

Our agency's systemic orientation means that client treatment plans typically require an interdisciplinary approach among other entities involved in a client's life. This is especially true for services to children and adolescents, which may involve collaborative efforts with school social workers, guidance counselors, special education staff, pediatricians, Kane County juvenile probation officers, and Court Appointed Special Advocate volunteers.

Such social work, case management, client advocacy, and collaborative service delivery efforts undertaken by our therapists are not simply adjunctive provisions but are essential components of TCFS's mission. Since the majority of these services are not billed to the client, we must rely on the financial support of our community in order to continue to make them available.

We believe that TCFS is much more than a mental health facility or counseling practice. We truly work to change the lives of children, adolescents, and families in crisis.

Statement of Request

With this proposal, we respectfully request \$2,000 in support of our greatest need, and the core of our services, family-based counseling for children and adolescents. A grant in this amount would enable TriCity Family Services to provide approximately 30 hours of mental health counseling and supportive services to St. Charles children/adolescents and their families. Given that the average number of counseling sessions per case is 9, a grant from the St. Charles Youth Commission at this level would allow TCFS to fully serve at least 3 St. Charles families in its Counseling Program.

Service Statistics

PROGRAM NAME	# SERVED IN 2016 FISCAL YEAR	ST. CHARLES RESIDENTS	% ST. CHARLES RESIDENTS
Children & Adolescents Counseling	1,132	340	30%
Family Based Treatment of Eating Disorders	114	14	12%
TOTAL	1246	354	32%