



City of St. Charles
ILLINOIS

Proclamation

Mental Health Awareness Month #4Mind4Body

- WHEREAS,** Mental health is essential to everyone's overall health and well-being; and
- WHEREAS,** all Americans experience times of difficulty and stress in their lives; and
- WHEREAS,** prevention is an effective way to reduce the burden of mental health conditions; and
- WHEREAS,** mental health conditions are real and prevalent in our nation; and
- WHEREAS,** with effective treatment, those individuals with mental health and other chronic health conditions can recover and lead full, productive lives; and
- WHEREAS,** each business, school, government agency, healthcare provider, organization and citizen shares the burden of mental health problems and has a responsibility to promote mental wellness and support prevention efforts.

NOW, THEREFORE, I, Raymond P. Rogina, do hereby proclaim May 2019 as Mental Health Awareness Month in the City of St. Charles. As the Mayor, I also call upon the citizens, government agencies, public and private institutions, businesses and schools in St. Charles, Illinois to recommit our community to increasing awareness and understanding of mental health, the steps our citizens can take to protect their mental health, and the need for appropriate and accessible services for all people with mental health conditions.

SEAL:



Raymond P. Rogina

Raymond P. Rogina, Mayor