



City of St. Charles
ILLINOIS

Proclamation

National Suicide Prevention and Action Month – March 2020

WHEREAS, the National Suicide Prevention and Action Month was created to raise the visibility of the mental health resources and suicide prevention services available in our community. The goal is to speak openly about the importance of mental health and the impacts of suicide to help remove the surrounding stigmas, and to direct those in need to the appropriate support services; and

WHEREAS, suicidal thoughts can affect anyone regardless of age, gender, race, orientation, income level, religion, or background; and suicide is the 10th leading cause of death among adults, and the 2nd leading cause of death among individuals between the ages of 10 and 34 in the US; and

WHEREAS, each and every suicide directly impacts a minimum of 100 individuals, including family, friends, co-workers, neighbors, and community members; and

WHEREAS, The City of St. Charles is no different than any other community across the country, but chooses to publicly place our full support behind local educators, mental health professionals, athletic coaches, law enforcement officers, and parents, as partners in supporting our community in simply being available to one another; and

WHEREAS, all residents are encouraged to take the time to check in with their family, friends, and neighbors on a regular basis and to honestly communicate their appreciation for their existence by any gesture they deem appropriate. A simple phone call, message, handshake, or hug can go a long way towards helping someone realize that suicide is not the answer.

THEREFORE, I, Raymond P. Rogina, Mayor of the City of St. Charles, do hereby proclaim that the Hope For The Day's 2020 National Suicide Prevention and Action Proclamation be adopted in the City of St. Charles. Further, I urge all residents to communicate openly about mental health conditions and suicide prevention.

SEAL:





Raymond P. Rogina, Mayor