

ST. CHARLES YOUTH COMMISSION
Monday, October 7, 2013 – 6:00 P.M.
St. Charles Police Department Conference Room
211 N. Riverside Avenue

Minutes have been sent to the following:

*N. McFarland – Youth Commissioner	L. Dandre, STC EHS
S. Anderson – Youth Commissioner	R. Miller, Haines M.S.
*J. Diorio – Youth Commissioner	D. Schlomann, Superintendent CUSD 303
*C. Hime – Youth Commissioner	M. Dockum, Wredling M.S.
*K. Kauke – Youth Commissioner	P. Yensen, United Way
*D. Kelly – Youth Commissioner	J. Otepka, TriCity
*S. Schwerdtfeger – Youth Commissioner	G. Swanson, STC Township
*M. Tilton – Youth Commissioner	*J. Greenwald, STC Park District
*M. Weick – Youth Commissioner	C. Kyle, STC EHS
*J. Wong – Youth Commissioner	J. Baird, CUSD 303
*B. Tynan, STC PD	S. Morrill, Thompson M.S.
J. Lamkin, Police Chief	H. Cabel, STC Park District
M. Koenen, City Administrator	E. Baxter, STC Library
R. Rogina, Mayor	D. Beasley, STC Underground
STC Alderman	D. Procaccio, STC Underground
M. Karson, STC EHS	*C. Blake, TriCity
K. Zupec, STC NHS	
*K. Randall, Troop 60	*M. Randall, Troop 60

*Attended meeting.

Meeting called to order @ 6:02 p.m.

Secretary Report – Approval of the Minutes from September 9, 2013 meeting

- Motion to approve carried.

Treasurer's Report – Cliff Hime

- See attached report. Balance stands at \$14,350. Motion to approve carried.

CORRESPONDENCE – See attached

- Invitation to William D. Barth Award Dinner. Cliff Hime to attend on behalf of the Youth Commission

PRESENTATIONS –

- Kelby Randall attending on behalf of Troop 60, Scout Troop in St. Charles to obtain two (2) merit badges.

LIAISON REPORTS –

D303 – None

Park District – Jeff Greenwald

- Update on Teen Center – gain in new visitors last month.

Police Department – Bill Tynan (see attached report)

- Youth Police Academy a success.

Library Programs – Marianne Weick

- See attached newsletter.

Tri-City Family Services – Colleen Blake

- See attached flyer for upcoming fundraising event – Snowflake Shuffle.
- See attached info for upcoming programs.

OLD BUSINESS –

- A. Discussion regarding distributing Challenge Grant Application to schools, churches, scout groups.

NEW BUSINESS – None

ANNOUNCEMENTS – None as of October 2, 2013

ADJOURNMENT

Motion to adjourn at 6:35 p.m. carried.

The next Youth Commission meeting will be Monday, November 4, 2013 at 6:00 p.m. at the St. Charles Police Department Conference Room located at 211 N. Riverside Avenue.

Respectfully submitted,
Daniel Kelly, Youth Commissioner

Treasurer's Report 2013-14

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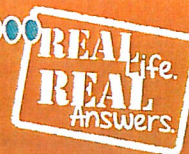
SC Juvenile Arrest listing

Statute Code	Description	Arrest Date And Time	ubject ID Number	Arrestee Address City	Arrestee Jacket Type
720 ILCS 600.0/3.5-A	DRUG PARAPHERNALIA: Possession Of	06/02/2013 00:22:00		SAINT CHARLES	Juvenile Jacket
720 ILCS 600.0/3.5-A	DRUG PARAPHERNALIA: Possession Of	06/03/2013 08:20:00		ST CHARLES	Juvenile Jacket
9-53-030	DRUG PARAPHERNALIA: Possession Of	06/06/2013 00:35:00		CAROL STREAM	Juvenile Jacket
9-52-010	CHILD: Curfew	06/06/2013 00:35:00		CAROL STREAM	Juvenile Jacket
9-51-030	CANNABIS: Possession - < 30 Grams	06/06/2013 00:35:00		CAROL STREAM	Juvenile Jacket
625 ILCS 5.0/6-107-G	TRAFFIC: Other Violations	06/06/2013 01:38:00		ELGIN	Juvenile Jacket
625 ILCS 5.0/12-201-B	TRAFFIC: Other Violations	06/06/2013 01:38:00		ELGIN	Juvenile Jacket
720 ILCS 5.0/31-1	PEACE OFFICER: Resist/Obstruct/Disarm	06/06/2013 01:38:00		ELGIN	Juvenile Jacket
625 ILCS 5.0/6-112	TRAFFIC: No Drivers License	06/06/2013 01:38:00		ELGIN	Juvenile Jacket
625 ILCS 5.0/6-101-A	TRAFFIC: No Drivers License	06/06/2013 01:38:00		ELGIN	Juvenile Jacket
9-53-030	DRUG PARAPHERNALIA: Possession Of	06/17/2013 00:22:00	IL0451400:6842:J	SAINT CHARLES	Juvenile Jacket
9-51-030	CANNABIS: Possession - < 30 Grams	06/17/2013 00:22:00	IL0451400:6842:J	SAINT CHARLES	Juvenile Jacket
725 ILCS 5.0/110-3	WARRANT: In State	06/28/2013 08:10:00		SAINT CHARLES	Juvenile Jacket
720 ILCS 5.0/21-3	CRIMINAL TRESPASS: To Land	07/28/2013 00:30:00		GENEVA	Juvenile Jacket
235 ILCS 5.0/6-20	LIQUOR: Illegal Possession By A Minor	07/28/2013 00:30:00		GENEVA	Juvenile Jacket
720 ILCS 5.0/31-1	PEACE OFFICER: Resist/Obstruct/Disarm	07/28/2013 00:30:00		GENEVA	Juvenile Jacket
720 ILCS 5.0/21-1	CRIMINAL DAMAGE: To Property	07/28/2013 00:30:00		GENEVA	Juvenile Jacket
720 ILCS 550.0/4-C	CANNABIS: Possession - < 30 Grams	08/10/2013 13:01:00		SAINT CHARLES	Juvenile Jacket
9-40-010	THEFT: Retail	08/11/2013 13:07:00		BARTLETT	Juvenile Jacket
5-08-270D	LIQUOR: Illegal Consumption By A Minor	09/08/2013 06:00:00	IL0451400:6421:J	SAINT CHARLES	Juvenile Jacket
720 ILCS 550.0/5-B	CANNABIS: Delivery - < 30 Grams	09/13/2013 10:53:00		SAINT CHARLES	Juvenile Jacket
720 ILCS 550.0/5.2-D	CANNABIS: Delivery - < 30 Grams	09/13/2013 10:53:00		SAINT CHARLES	Juvenile Jacket
720 ILCS 550.0/4-B	CANNABIS: Possession - < 30 Grams	09/13/2013 10:53:00		SAINT CHARLES	Juvenile Jacket

10/7/2013 2:37:24 PM

By The Way...

YOUNG ADULT NEWSLETTER



Cooking: Because Food is Life!

Have a passion for food? Contemplating a future career? Consider these culinary fields:

Food Truck Operator
Restaurateur
Catering Entrepreneur
Chef
Nutritionist
Cake Decorator

You can browse books in the 647.95s, or access these Library databases for even more information:

LearningExpress

Library – Take an instantly scored practice test that offers culinary arts students the essential practice they need to perform their best on culinary certification exams. Find it at: *Occupation Practice Tests>Culinary Arts Practice Exam & Career Guidance*

Universal Class – Includes classes on Food Preparation and Nutrition. Create an online account and complete online coursework at your own pace.



Ferguson's Career Guidance Center –

Information on more than 3,300 jobs in 94 industries. Features sample resumes and cover letters plus interviewing tips. Also includes information for 48,000 scholarships and internships.

Job Profile: Food Technologist

AKA *food scientists*, they study the physical, chemical, and biological composition of food; develop methods for safely processing, preserving and packaging food; and search for ways to improve its flavor and nutritional value. They also conduct tests to ensure that products from fresh produce to packaged meals meet

industry and government standards. Food technologists have analytical minds, enjoy technical work, and must be able to express themselves clearly and be detail oriented.

Educational requirements for this field are high. Beginners need at least a bachelor's degree in food technology, food science, or food engineering, although currently no certification or licensing

Continued inside ►

requirements are in place.

The job outlook is strong for this largest single industry both in the United States and globally. An increasing focus on food safety and bio-security has created a greater demand for food technologists.

Courtesy of Ferguson's Career Guidance Center, available from the Library website www.stcharleslibrary.org

Some Top Culinary Schools You May Wish to Keep in Mind:

- Kendall College School of Culinary Arts, Chicago IL
- Le Cordon Bleu (multiple campuses)
- The Illinois Institute of Art
- Institute of Culinary Education (NYC)



Recommended Cooking Apps

- All Recipes.com
- How to Cook Everything
- Vegan YumYum Mobile
- BigOven App
- Whole Foods Market
- All the Cooks.com

Menu Idea: Tailgating Party!

Fall means many sports are in full swing. Plan your next gathering around some of these delicious recipes:

Game-Day Nachos
Warm Artichoke and Bacon Dip
Championship Chili
Winning Wings
Must-Try Meaty Meatballs
Stuffed Mushrooms
Asian Chicken Lettuce Cups
Mini-Sliders
PB&J Chocolate Bars
Peach Cobbler



(Courtesy of Food Network.com. See website for complete recipes and directions)

Local Apple Picking and Pumpkin Harvesting Opportunities:

Goebbert's Pumpkin Patch - Hampshire & So. Barrington
Homestead Orchard - Woodstock
Jonamac Orchard - Malta
Kuiper's Family Farm - Maple Park
Lang's Orchard - Woodstock
More Than Delicious Orchard - Woodstock
Pine Apple Acres - Huntley
Plank Road Apple Orchard - Sycamore
Prairie Sky Orchard - Union
Royal Oak Farm Orchard - Harvard
Shady Hill Gardens - Elburn
Wiltse's Farm Produce and Greenhouses - Maple Park

Courtesy of the Daily Herald, "Prime Pickin'," Sunday, August 25, 2013, Section 7, p. 3 and www.pickyourown.org/ILchicago.htm

Recommended Reads for Food Lovers:

The New Food Lover's Companion. Sharon Tyler Herbst. 641.013 HER

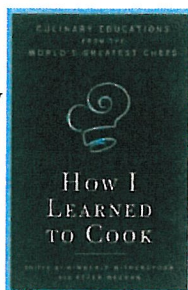


Monday Morning Cooking Club: The Food, the Stories, the Sisterhood. On Order

Giada's Feel Good Food: My Healthy Recipes and Secrets. Giada De Laurentiis. On Order

Blood, Bones & Butter: An Inadvertent Education of a Reluctant Chef. Gabrielle Hamilton 641.5 HAM

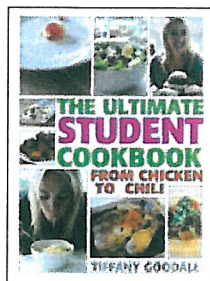
How I Learned to Cook: Culinary Educations from the World's Greatest Chefs. Kimberly Witherspoon and Peter Meehan editors. 641.5 HOW



Yes, Chef: A Memoir. Marcus Samuelsson. 641.5 SAM

Sam Stern's Cooking Up a Storm: The Teen Survival Cookbook. Sam Stern. 641.5 STE

Ultimate Student Cookbook: From Chicken to Chili. Tiffany Goodall. 641.512 GOO



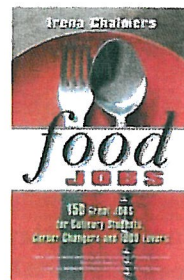
Secrets of a Skinny Chef: 100 Decadent, Guilt-Free Recipes. Jennifer Iserloh. 641.5635 ISE

Cooking for Your Gluten Free Teen: Everyday Foods the Whole Family Will Love. Carlyn Berghoff. 641.5638 BER

Superfood Smoothies: 100 Delicious, Energizing & Nutrient-Dense Recipes. Julie Morris. 641.875 MOR

Becoming a Culinary Arts Professional. LearningExpress. 647.95023 BEC

Food Jobs: 150 Great Jobs for Culinary Students, Career Changers, and Food Lovers. Irena Chalmers. 647.95023 CHA

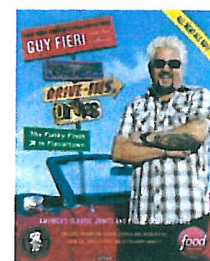


How to Cook Like a Top Chef. Emily Wise Miller. 641.5 MIL

Southern Tailgating Cookbook: A Game-Day Guide for Lovers of Food, Football, and the South. Taylor Mathis. 641.5975 MAT

The Chew: 100 Easy Recipes for Every Night of the Week. On Order

Diners, Drive-ins and Dives, the Funky Finds in Flavor-town: America's Classic Joints and Killer Comfort Food. Guy Fieri. 647.95 FIE



**Now Showing at Your Library:
The Hottest Cooking Programs
Available on DVD!**

Whether you're into classic cooks or the contemporary culinary "Rock Stars," we've got 'em:

Jamie Oliver's Food Escapes

641.013 JAM (SET)

America's Test Kitchen. Season 1-13.

641.5 AME (SET)

Cook's Country: From America's Test Kitchen. Season 1-5.

641.5 COO (SET)

Good Eats. Season 1-2.

641.5 GOO (SET)

Gourmet's Diary of a Foodie. Season 1-2.

641.5 GOU (SET)

The Mind of a Chef: David Chang. Season 1.

641.5 MIN (SET)

Top Chef. Season 1, 4-6.

641.5 TOP (SET)

The French Chef with Julia Child

641.5944 FRE

Primal Grill with Steven Raichlen

641.76 PRI (SET)

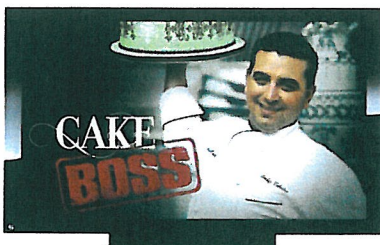
The Best of Lidia

641.5945 BES

Cake Boss.

**Season 4 vol.1 &
2, Season 5.**

641.8653 CAK
(SET)



Ace of Cakes

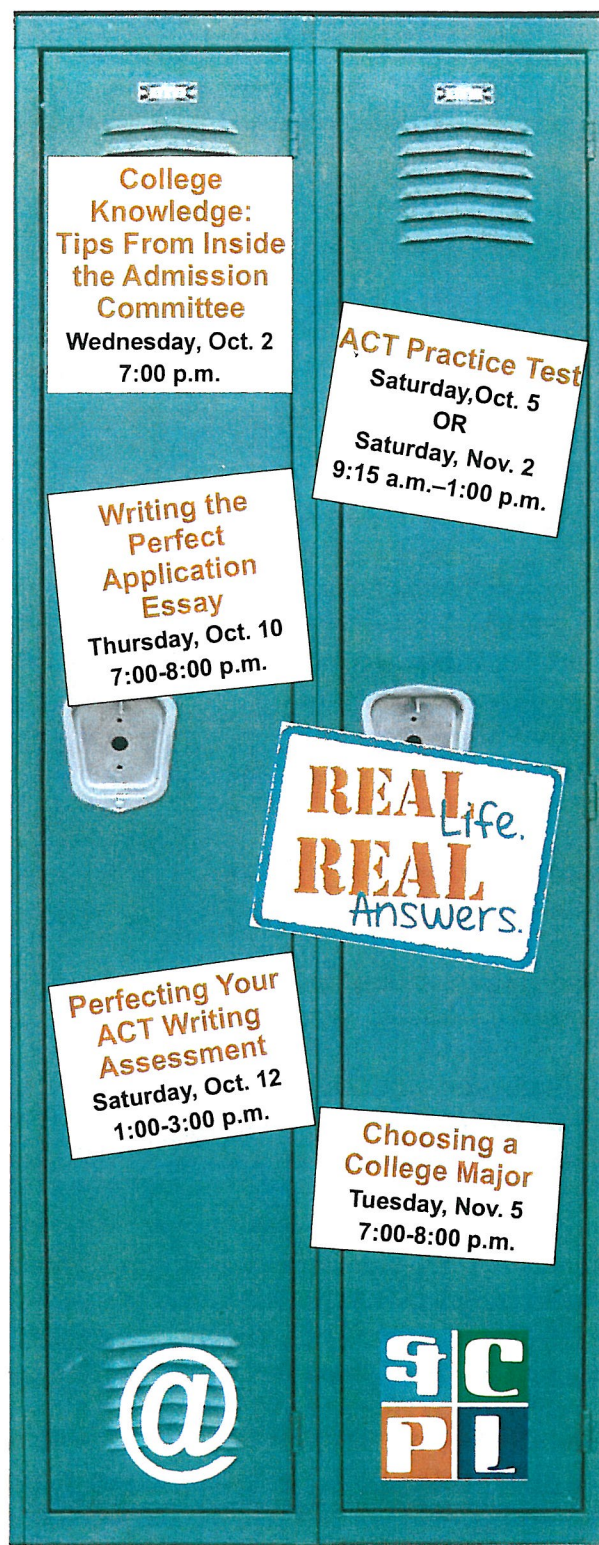
Takeout Collection

641.86539 ACE (SET)

Anthony Bourdain, A Cook's Tour.

The Complete Series.

910.4 ANT (SET)





**Family
Services**

Strengthening People –
Building Community

SNOWFLAKE *Shuffle*

5th Annual 5K Run/Walk

Saturday, December 7, 2013

Mill Creek Golf Club and Subdivision

39W525 Herrington Dr. Geneva

Schedule: 7:00 AM • Registration/Check In
8:30 AM • Youth Mile
9:00 AM • Snowflake Shuffle 5K

Registration
available
online at
tricityfamilyservices.org



(630) 232-1070 | www.tricityfamilyservices.org

The Snowflake Shuffle is a holiday-inspired 5K Run and Walk for the whole family that raises money and awareness for TriCity Family Services. The Snowflake Shuffle will be held come rain, snow or sunshine. All ages, runners, walkers and strollers welcome. Holiday costume and spirit are appreciated. Santa Claus will be in attendance.

SNOWFLAKE
Shuffle

Chip Timed!
Tech Shirts!

Pre-Registration Fees by Nov. 27th.

(After Nov. 27th, fees are all \$5 more and shirts are not guaranteed.)

5K Fees

\$25	Adults (Age 18+)
\$15	Children and teens (Ages 6-17)
Free	Children (Age 5 and under)

Youth Mile Fees

\$10	Children and teens (Age 14 and under)
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Register online at www.tricityfamilyservices.org or call (630) 232-1070.

Thank you to our generous sponsors:

BMO  **Harris Bank**

 **Exelon Generation.**

TriCity Family Services is a leader in providing counseling and other mental health services for children and teens, their families and community members across all income levels and life stages. Our full spectrum of services seeks to strengthen the TriCity community by promoting lifelong mental health. With the support of the community, we provide compassionate and effective programs across five lines of service: Counseling, Crisis Intervention, Early Intervention, Prevention and Wellness, Occupational Services.

To learn more about TriCity Family Services, please visit our website at www.tricityfamilyservices.org or call 630-232-1070

prevention and early intervention

groups and workshops



Fee reductions are available
based on need.

For more information or to
register for a these programs
Call TriCity Family Services
(630) 232-1070

Access an "Online Screening for
Depression & Anxiety" for adults.

View our video with client testimonials,
learn more about our programs, or
join our email list at:

www.tricityfamilyservices.org

Anger Management Programs

*Teaching the necessary
skills to manage anger,
effectively communicate
needs, and resolve
conflicts at home, in the
community, at school,
and at work.*

Smart Choices K-5

for elementary school-aged children

A 4 to 6 session multi-family
group workshop for children
and parents. The program's
goal is to increase positive
communication and decrease
aggression in conflicts.
Techniques for managing
surges of anger are taught.
Differences between rights and
privileges are defined. Feelings
related to anger are discussed.
Children practice using
"I statements". "Point of View"
is defined in a child-friendly
exercise. How and when to use
the tool of compromise is dis-
cussed. 3 or 4 families per
group. Pre-registration is
required. Cost is \$90 per family.

Fall 2013 Schedule:

Grades K-2 6 Sessions
Mondays, Oct. 21—Nov. 25 5:00—6:00 PM

Grades 3-5 4 Sessions
Mondays, Oct. 21—Nov. 11 6:15—7:45 PM

Smart Choices MS-HS

for middle school & high school

A 4 session family workshop for
youth and parents to partici-
pate in together. Conflict styles
of aggression, avoidance, and
communication are discussed.
Anger management techniques
are discussed and plans are
made for responding to
particular anger triggers.
Families practice using
"I statements" and considering
each other's perspectives. Cost
is \$90 per family.

Each of the four sessions is 1.5
hours. Dates and times are
scheduled for each family upon
request to quickly meet their
needs.

This program may be used as
an alternative to suspension.

Bridges

Divorce Adjustment Workshop

A 6 session workshop for chil-
dren ages 7—11 currently cop-
ing with issues of their parents'
separation and/or divorce.
Bridges helps children find an-
swers to commonly asked ques-
tions and deal with the strug-
gles of their changing family.
Cost is \$50 for an individual
child or \$75 for two or more
children from the same family.

Fall 2013 Schedule: TBD

Starting in October 5:00—6:30 PM

Support Groups

Grandparents Raising Grandchildren

Last Tuesday of each month
7:00 - 8:30 PM

An open-ended psycho-
educational group offering
primary caretaker grandparents
an opportunity to learn new
techniques for dealing with
unique challenges associated
with raising their grandchildren
and to derive support from
others in similar situations.
There is no cost, but pre-
registration is required. To take
advantage of free childcare
during the group meeting, you
must mention it at the time of
registration.

Single Moms Support Group

Wednesdays, 6:30-8:00 PM

Women who are single parent
with children ranging in age
from infancy to preadolescence
are invited to join this group
which provides educational and
supportive opportunities that
will help to diminish stress, man-
age multiple demands, and pro-
vide effective guidance for
children.

The fee is \$5 per group session.
Free childcare is provided.
Pre-registration is required.