

ST. CHARLES YOUTH COMMISSION
Monday, June 2, 2014 – 6:00 p.m.
St. Charles Police Department Conference Room
211 N. Riverside Avenue

Minutes have been sent to the following:

N. McFarland – Youth Commissioner *	L. Dandre, STC EHS
S. Anderson – Youth Commissioner*	P. Jensen, Haines M.S.
J. Diorio – Youth Commissioner*	D. Schlomann, Superintendent CUSD 303
C. Hime – Youth Commissioner*	S. Morrill, Wredling M.S.
K. Kauke – Youth Commissioner*	P. Yensen, United Way
D. Kelly – Youth Commissioner	J. Otepka, TriCity
S. Schwerdtfeger – Youth Commissioner	G. Swanson, STC Township
M. Tilton – Youth Commissioner*	C. Kyle, STC EHS
M. Weick – Youth Commissioner*	C. Blake, TriCity*
J. Wong – Youth Commissioner*	J. Baird, CUSD 303
B. Tynan, STC PD	S. Morrill, Thompson M.S.
S. Huffman, Interim Chief of Police*	E. Baxter, STC Library
R. Rogina, Mayor	D. Beasley, STC Underground
STC Alderman	D. Procaccio, STC Underground
M. Karson, STC EHS	S. Muenz, STC Underground*
M. Koenen, City Administrator	

*Attended meeting.

- I. Meeting called to order @ 6:05 p.m.
- II. **Secretary Report** – presented by Marianne Weick; Daniel Kelly absent
 - A. Approval of the Minutes from May 2014 meeting. Motion to approve carried.
- III. **Treasurer’s Report** – Cliff Hime; attached. Motion to approve carried.
- IV. **Correspondence**
 - A. Thank you note from STC Underground
 - B. Thank you note from Tri-City Family Services
- V. **Presentations** – None as of May 29, 2014.
- VI. **Liaison Reports**
 - A. **D303** – Absent
 - B. **Park District** – Steve Muenz
 - i. STC Underground report attached.
 - C. **Police Department** – Bill Tynan, absent
 - i. Introduction of new Police Chief Jim Keegan.

D. Library Programs – Marianne Weick

- i. The library renovation is complete. An open house is scheduled for June 11;
- ii. T-shirts were distributed for the *Exam Cram*, which takes place June 3 – 5, 2014.

E. Tri-City Family Services – Colleen Blake

- i. Family based treatment;
- ii. June 14 is the *Great Lobster Fly-in*.

VII. Old Business – None

VIII. New Business –

A. Challenge Grants:

- i. The decision was made to retain Challenge Grants for 2014-15. Discussion took place regarding the marketing for the grants:
 1. Get in touch with service organization;
 2. Advertise in the Orange & Black and Polaris; Marianne Weick will coordinate these advertisements.

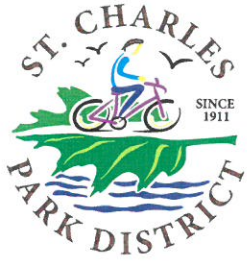
IX. Announcements – None as of May 29, 2014.

X. Adjournment

- A. Motion to adjourn at 6:35 p.m. carried.

The next Youth Commission meeting will be Monday, September 8, 2014 at 6:00 p.m. at the St. Charles Police Department Conference Room located at 211 N. Riverside Avenue.

Respectfully submitted,
Marianne Weick, Youth Commissioner



ST. CHARLES PARK DISTRICT • RECREATION DEPARTMENT

8 North Avenue • St. Charles, IL 60174 • Ph: 630-513-6200 • Fax: 630-513-9304 • stcparks.org

May 20, 2014

Nancy McFarland
St. Charles Youth Commission
2 East Main Street
St. Charles, IL. 60174

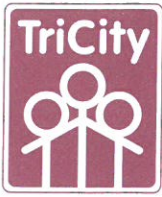
Dear Youth Commission Members,

On behalf of the St. Charles Park District staff I would like to thank you for your generous financial support of \$3,500.00, which will go towards program supplies for the St. Charles Underground Teen Center.

Your contribution to the Teen Center will directly benefit hundreds of St. Charles teens within the upcoming year with summer and after school programming.

Sincerely,

Steven Muenz
Assistant Superintendent of Recreation



Family Services

1120 Randall Court • Geneva, IL 60134 • (630) 232-1070 • (630) 232-1471 fax

May 12, 2014

Nancy McFarland, Chair
St. Charles Youth Commission
2 East Main St.
St. Charles, IL 60174

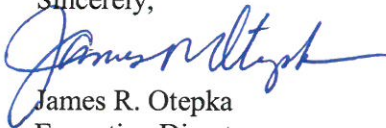
Dear Youth Commissioners:

Thank you for joining TriCity Family Services in serving and supporting adolescents in our community. Your generous gift of \$1,000, received on 04/21/14, will help us provide our innovative Teen Experiential Programs to youth in St. Charles. No goods or services were received in exchange for this contribution, which is tax-deductible to the full extent allowed by law.

As the Wilderness Challenge Program celebrates its 25th year and the Teen Girls Retreat thrives in its early years, I am pleased to say that program staff remain as enthusiastic as ever about the value of these programs for teens struggling with such issues as family conflict, learning problems, depression and low self-esteem. Our Teen Experiential Programs demonstrate effectiveness in providing participants with character-building experiences that teach them valuable lessons about working in groups and finding the inner resources needed to accomplish their goals.

As encouraged as we are by these results, we are equally mindful, and deeply appreciative of the fact, that our successes are only made possible through the steadfast support of individuals and organizations like the St. Charles Youth Commission, who share our commitment to reaching out in every way possible to the at-risk youth of our community. We look forward reporting our success to you.

Sincerely,



James R. Otepka
Executive Director

P.S.: Your enduring support of our efforts means a great deal to all of us at TCFS & especially those children, teens and families you enable us to serve!

STC Underground 2014

Ind. vs. Check Ins	January	February	March	April	May	June	July	August	September	October	November	December
2013	118/433	108/403	120/430	110/443	109/461	90/415	78/439	97/486	116/421	118/450	106/464	94/337
2012	71/340	75/259	77/426	101/487	103/466	121/569	102/520	105/523	106/451	120/496	104/534	97/414
2011	111/481	99/452	103/569	98/480	119/558	114/529	125/579	118/543	124/519	128/565	122/519	103/555
2010	110/474	91/315	112/573	114/570	99/549	115/577	112/571	116/544	103/474	97/498	92/474	98/499
2009	89/460	104/454	117/616	127/549	102/534	96/522	86/585	77/603	86/509	91/521	82/423	82/346
2008	92/426	80/431	88/428	99/517	82/477	112/540	86/577	115/667	100/637	106/608	106/469	70/366
2007	105/402	93/397	112/531	122/473	100/471	121/460	85/462	90/550	128/503	142/552	98/400	63/285
2006	145/688	88/429	124/641	126/563	117/621	99/312	60/216	61/151	95/321	106/458	109/416	149/448
2005	83/351	109/481	99/400	106/378	83/373	173/637	145/647	188/714	162/623	139/441	146/495	87/336
	116/379	147/410	146/482	101/387	159/720							

Hourly Visits

1:00 p.m.	16	10	22	19	14							
2:00 p.m.	19	11	22	22	20							
3:00 p.m.	80	78	91	94	108							
4:00 p.m.	76	83	91	74	82							
5:00 p.m.	89	82	95	90	103							
6:00 p.m.	99	86	77	90	81							
7:00 p.m.	51	39	31	46	46							
8:00 p.m.	3	7	1	8	7							
9:00 p.m.	0	7	0	0	0							
	433	403	430	443	461	0	0	0	0	0	0	0
Female vs. Male	248/499	249/506	251/509	252/506	252/510							
Member #	747	755	760	758	762							

STCU Operational Days

Average Teens Per Day	19.68182	20.15	20.47619	21.09524	20.04348	21	21	23	20	23	21	19
						0	0	0	0	0	0	0

History (# of visits)

2013 Total	306/4990
2011 Total	275/6,290
2011 Total	275/6290
2010 Total	256/6,250
2009 Total	257/5,788
2008 Total	346/6,122
2007 Total	585/6,154
2006 Total	4,305
2005 Total	6,271
2004 Total	5,259
2003 Total	5,504

*TriCity Family Services
is committed to assuming
a leadership role in providing
community based, family centered,
behavioral health services.*

We accept:

- Kid Care for Children and Adolescents
- Medicare
- Most major insurance plans
- Many managed care and employee assistance benefits
- A sliding fee scale for self pay clients
- Reduced fee payments for those in financial need

Clients living outside of our funded area may be served by TriCity Family Services using their commercial insurance or may be assessed on a separate sliding fee scale.



Strengthening people - building community

TriCity Family Services
1120 Randall Court
Geneva, IL 60134

630.232.1070
fax 630.232.1471

TriCityFamilyServices.org



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Family Based Treatment for Eating Disorders

A family-centered, outpatient
approach for children, teens
and young adults



FEBT

Does your child, teen or young adult ...

- ♦ Engage in extreme calorie counting or portion control?
- ♦ Feel ashamed, disgusted or guilty after eating?
- ♦ Constantly worry about his or her weight or shape?
- ♦ Obsess over the number on the scale?
- ♦ Binge?
- ♦ Purge?
- ♦ Refuse to eat with family or friends?
- ♦ Use diet pills or laxatives?
- ♦ Exercise excessively?

If you answered "yes" to any of these questions, you may want to consider...

FBT—a compassionate approach for families dealing with:

- ♦ Anorexia
- ♦ Bulimia
- ♦ Binge Eating
- ♦ Disordered Eating

TriCity Family Services' Family-Based Treatment for Eating Disorders is a highly practical, evidence-based approach that enlists the entire family as a resource in supporting their child's recovery. We provide a caring and supportive environment for children, teens young adults and their families.



A family-centered, outpatient approach for eating disorders

FBT recognizes that parents and caregivers are the best resource for their child's recovery from an eating disorder.

FBT empowers parents to take an active role in resolving disordered eating and restoring weight to a healthy range.

FBT utilizes a team approach that includes the therapist, family physician and other partners the family may want to include.

FBT consists of three, distinct phases:

- Phase 1:** Parents, with the support of the therapist, assume control by providing the type and amount of food needed to restore their child's health.
- Phase 2:** Parents shift control back to their child once weight has been restored and disordered eating has been resolved. Children and teens learn to resume healthy eating patterns and maintain weight independently.
- Phase 3:** Children, teens and young adults re-establish a healthy identity and families restore relationships.

Our mental health professional staff includes a team of:

- Licensed Clinical Social Workers (LCSW)
- Licensed Clinical Professional Counselors (LCPC)
- Licensed Marriage and Family Therapists (LMFT)
- Board Certified Psychiatrists

For more information about FEBT please call: 630-232-1070

For staff biographies and information about our other programs, please visit

www.tricityfamilyservices.org



We believe that eating disorders are treatable, and that everyone has the ability for a complete and full recovery.

hope recovery health

THE GREAT LOBSTER FLY IN



TriCity Family Services

TriCity Family Services is flying in 1 1/4 lb. fresh Lobsters and frozen, raw Gulf Shrimp for pick up on Saturday, June 14th, 2014!

Orders Due By:

Monday, June 9th, 2014
Lobsters \$20 each
Shrimp \$22 (2lb. bag)

Must Be Picked Up:

Saturday, June 14th, 2014
9:00-11:30am

Can be purchased alive or we can steam the lobsters for you at the time of pickup. Easy to reheat — may be frozen.



**Pick-up will be held at the Kane County Courthouse,
James Street parking lot, Geneva**

Please place your order online at:

www.tricityfamilyservices.org

**Or use the order form on the back of this flyer.
Payment must accompany order.**

All proceeds benefit TriCity Family Services

Thank You!

**THANK YOU to our
Presenting Sponsor:
FONA International, Inc.**

Committed to
delivering excellence
to our employees,
customers &
community partners.

FONA is proud to support
TriCity Family Services.

FONA

ORDER FORM

Orders Due: Monday, June 9th, 2014

Payment Must Accompany Order — Mail, phone, fax or drop off to:
TriCity Family Services, 1120 Randall Court, Geneva, IL 60134
Phone: 630.232.1070, Fax 630.232.1471 — Office hours: M–Th 9am to 9pm, F 9am to 5pm
Order online at www.tricityfamilyservices.org

Name: _____

Address: _____

City, State, Zipcode: _____

Phone: _____

Email: _____

Fresh Lobsters _____ # Live _____ # Steamed _____ Total Qty. _____ @ \$20 each = \$ _____
2lb. Bag Raw Gulf Shrimp (frozen, peeled and deveined) _____ Total Qty. _____ @ \$22 each = \$ _____
8oz. Beef Filets from Josef's Meat in Geneva _____ Total Qty. _____ @ \$15 each = \$ _____
From Hahn's Bakery in Geneva:

French Baguette _____

Italian Semolina Loaves _____

From Kimmer's Ice Cream in St. Charles:

(1) Pint: Vanilla Ice Cream _____

(1) Pint: Mint Chocolate Chip Ice Cream _____

(1) Pint: Caramel Sea Salt Ice Cream _____

Make check payable to: TriCity Family Services

Charge: MASTERCARD VISA AMEX

Acct. # _____

Signature _____

How did you hear about this event? _____

Exp. Date: _____

Total: \$ _____